Latin Club Dance I
Mondays @ 8 pm—11/02
Salsa, Bachata, Merengue

ENROLL NOW

Social Dance I
Wednesdays @ 7 pm—11/04
Foxtrot, Swing, Rumba, Cha Cha

Basics 101
Thursdays @ 7 pm 11/12
Foxtrot, Swing, Rumba, Cha Cha

Art is Motion
November 2026

DATE NIGHT DANCE
FRIDAYS @ 7 PM
11/6 – SALSA & BACHATA
11/20 – RUMBA & SWING
12/4 – SALSA & BACHATA
12/18 – RUMBA & SWING
$50 PER COUPLE
BEGINNERS
PLEASE ENROLL WITHIN 48 HOURS OF CLASS

***Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org**

678-577-2823 | https://ArtIsMotion.org | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1:30 pm Bronze—(4/8) 2:30 pm 2-Step III—(1/4)	2 NEW 6 pm K Pop 6 pm 2-Step 102 Workshop 7 pm Latin Club IV—(6/8) 7 pm Silver Ballroom-(4/8) 8 pm VW / PB / QS—(8/8) 8 pm Latin Club I—(1/8)	3 6 pm Jazz 7 pm Ballet 7 pm Latin Club XVI-(4/8) 8 pm Latin Club I—(7/8)	4 NEW 5 pm KIDS Ballet No K-Pop 7 pm Social Dance I—(1/8) 7 pm Night Club XV—(4/8) No Tap 101	5 6 pm Contemporary 6 pm Spicy Mrgrta—(12/18) 7 pm Bronze Ballroom-(3/8) 8 pm Social Dance VI—(4/8)	6 6 pm Burlesque 7 pm Date Night Dance Class (Couples) Salsa & Bachata	7 10 am Ballet 11 am Burlesque 12 pm Belly Dance 1—2:30 pm Swing Workshop w/ Rainier ($35)
8 12:30 pm Spicy Mrgrta—(13/18) 1:30 pm Bronze—(5/8) 2:30 pm 2-Step III—(2/4)	9 6 pm K Pop 7 pm Latin Club IV—(7/8) 7 pm Silver Ballroom-(5/8) 8 pm VW / PB / QS—(1/8) 8 pm Latin Club I—(2/8) 8:15 pm Yoga & Tai Chi	10 6 pm Jazz 7 pm Ballet 7 pm Latin Club XVI-(5/8) 8 pm Latin Club I—(8/8) 8 pm Bolero 102 Workshop w/Winston ($30)	11 5 pm KIDS Ballet 6 pm K Pop 7 pm Social Dance I—(2/8) 7 pm Night Club XV—(5/8) 8 pm Tap 101	12 6 pm Contemporary 6 pm Spicy Mrgrta—(14/18) 7 pm Basics 101—(1/4) 7 pm Bronze Ballroom-(4/8) 8 pm Social Dance VI—(5/8)	13 NEW 6 pm Burlesque 7 pm Ladies' Technique 8 pm Men's Technique Workshops w/ Winston ($30 each)	14 10 am Ballet 11 am Burlesque 12—1:30 pm Liquid Arms & More: Fingertips to Footwork Belly Dance Workshop ($35)
15 12:30 pm Spicy Mrgrta—(15/18) 1:30 pm Bronze—(6/8) 2:30 pm 2-Step III—(3/4)	16 6 pm K Pop 7 pm Latin Club IV—(8/8) 7 pm Silver Ballroom-(6/8) 8 pm VW / PB / QS—(2/8) 8 pm Latin Club I—(3/8) 8:15 pm Yoga & Tai Chi	17 6 pm Jazz 7 pm Ballet 7 pm Latin Club XVI-(6/8) 8 pm Latin Club II—(1/8) 8 pm Hustle Workshop w/Tanya ($30)	18 5 pm KIDS Ballet 6 pm K Pop 7 pm Social Dance I—(3/8) 7 pm Night Club XV—(6/8) 8 pm Tap 101	19 6 pm Contemporary 7 pm Basics 101—(2/4) 7 pm Bronze Ballroom-(5/8) 8 pm Social Dance VI—	20 6 pm Burlesque 7 pm Date Night Dance Class (Couples) Rumba & Swing 8 pm Samba 102 Workshop w/Winston ($30)	21 10 am Ballet 11 am Burlesque 12:30—1:30 pm Balance, Posture & Stability Workshop ($30)
22 12:30 pm Spicy Mrgrta—(16/18) 1:30 pm Bronze—(7/8) 2:30 pm 2-Step III—(4/4)	23 6 pm K Pop 7 pm Latin Club V—(1/8) 7 pm Silver Ballroom-(7/8) 8 pm VW / PB / QS—(3/8) 8 pm Latin Club I—(4/8) 8:15 pm Yoga & Tai Chi	24 6 pm Spicy Mrgrta—(17/18) 6 pm Jazz 7 pm Ballet 7 pm Latin Club XVI-(7/8) 8 pm Latin Club II—(2/8) 8 pm WC Swing Workshop	25 5 pm KIDS Ballet 6 pm K Pop 7 pm Social Dance I—(4/8) 7 pm Night Club XV—(7/8) 8 pm Tap 101			28 10 am Ballet 11 am Burlesque
29 1:30 pm Bronze—(8/8) 2:30 pm Mambo 102 Workshop w/Tanya ($30)	30 6 pm K Pop 7 pm Latin Club V—(2/8) 7 pm Silver Ballroom-(8/8) 8 pm VW / PB / QS—(4/8) 8 pm Latin Club I—(5/8) 8:15 pm Yoga & Tai Chi	1 6 pm Jazz 7 pm Ballet 7 pm Latin Club XVI-(8/8) 8 pm Latin Club II—(3/8)	2 5 pm KIDS Ballet 6 pm K Pop 7 pm Social Dance I—(5/8) 7 pm Night Club XV—(8/8) 8 pm Tap 101	3 6 pm Contemporary 7 pm Basics 101—(3/4) 7 pm Bronze Ballroom-(6/8) 8 pm Social Dance VI—(7/8)	4 6 pm Spicy Mrgrta—(18/18) 7 pm Date Night Dance Class (Couples) Salsa & Bachata	5 10 am Ballet 11 am Burlesq 6-10 pm Lights, Camera, Action Showcase

Monthly Classes:

K-Pop	Contemporary
Tap 101	Hip Hop
Jazz	Belly Dance
Ballet	Burlesque
KIDS Ballet	KIDS & JR Ballroom

SATURDAY, NOVEMBER 7TH
1-2:30 PM
OPEN BRONZE SWING — $35

FRIDAY, NOVEMBER 13TH
7 PM
LADIES STYLING & TECHNIQUE — $30
8 PM
MEN'S STYLING & TECHNIQUE — $30

SATURDAY, NOVEMBER 21ST
12:30 PM
BALANCE, POSTURE & STABILITY — $30

Group Courses:

8 weeks—$180
Series Class drop in - $25
(1st class of level 1 only)

Social Dance: Foxtrot, Swing, Rumba, Tango, Cha Cha, Waltz

Latin Club Dance: Salsa, Bachata, Merengue

Night Club Dance: Samba, Hustle, Night Club 2 Step, West Coast Swing

Specialty: Viennese Waltz/QS/Peabody

***Pre-enrollment required.**
Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is not necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.

Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org

Monthly Pass Classes:

1 Class—$25 4 Classes—$80 8 Classes—$140 Unlimited—$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.

(Passes do not carry over to the following calendar month)

Yoga & Tai Chi — Mondays @ 8:15 pm
Practice slow paced, gentle movements to restore the body and calm the mind. Leave rejuvenated & peaceful.

K-Pop — Mondays | Wednesdays @ 6 pm
Blending of Hip Hop/Jazz /Street Dance with Korean idol-inspired choreography for fun cardio & cultural appreciation.

Ballet — Tuesdays @ 7 pm | Saturdays @ 10 am
Improve posture, balance and flexibly. Boost your confidence through the artistry and grace of ballet.

Jazz — Tuesdays @ 6 pm
For dancers who enjoy physical challenges, precision, and expressing their personal style.

Tap 101 — Wednesdays @ 8 pm
Musicality & improvisation using your feet as an instrument of "expression" that creates sounds with the floor.

Contemporary — Thursdays @ 6 pm
Express emotions through movement including exercises to increase flexibility, strength and body awareness.

Burlesque — Fridays @ 6 pm | Saturdays @ 11 am
Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!

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8-week & 4-week Series Classes:

Wednesdays @ 7 pm—Nov 4 to Dec 23

Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of Cha Cha, Rumba, Swing and Foxtrot with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

Mondays @ 8 pm—Nov 2 to Dec 21st

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of Salsa, Bachata and Merengue with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.

Sundays @ 2:30 pm—Nov 1 to 22nd

Enjoy this fun easy going 4 week course. The country/western two-step, often called the Texas two-step or simply the two-step, is danced to country music and developed because it is suited to fiddle and guitar music played two-four time with a firm beat. Similar to Foxtrot basic step, the two-step is generally done with two long steps and a step-close-step to two-four time.

Thursdays @ 7 pm—Nov 12 to Dec 10

Basics 101 is a fun, easy introductory 4 week class! Learn the basics of Cha Cha, Rumba, Swing and Foxtrot! Begin your dance journey today to become competent on the dance floor at social events, weddings, cruises and parties.

NOVEMBER SPECIAL
★
WORKSHOP PROMOTION

Buy 2 workshops, save $15 off of a 3rd!
(or ALL 11 for $260!)

Yes, you can do it twice.
Yes, you can pick & choose.
Yes, you can combine with a partner.

11/02 2-Step 102 ($30)
11/07 Swing Open Bronze ($35)
11/10 Bolero 102 ($30)
11/13 Ladies Style & Technique ($30)
11/13 Men's Style & Technique ($30)
11/14 Liquid Arms + More Belly Dance ($35)
11/17 Hustle ($30)
11/20 Samba 102 ($30)
11/21 Balance, Posture, Stability ($30)
11/24 West Coast Swing ($30)
11/29 Mambo 102 ($30)

BOLERO 102 WORKSHOP

BEGINNER FRIENDLY

TUESDAY
NOV 10TH
8 PM
$30

WINSTON MILLER

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LIQUID ARMS & MORE

BELLY DANCE WORKSHOP

FINGERTIPS TO FOOTWORK

JENNY NICHOLS

Saturday,
Nov 14th
12-1:30 PM
$35

Open to individuals regardless of age, body type or gender.

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WC SWING & HUSTLE

WORKSHOPS
TUESDAYS
@ 8 PM

NOV 17TH HUSTLE
NOV 24TH WC SWING
$30 EACH

SOLID BEGINNER-INTERMEDIATE LEVEL OF EAST COAST SWING RECOMMENDED AS A FOUNDATION FOR PARTICIPATING IN THESE WORKSHOPS

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SAMBA 102 WORKSHOP

8 PM
FRIDAY
NOV 20TH
$30

BEGINNER FRIENDLY

WINSTON MILLER

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MAMBO 102 WORKSHOP

2:30 PM
SUNDAY
NOV 29TH
$30

BEGINNER FRIENDLY

WANNA MAMBO?

TANYA ARNHOLD

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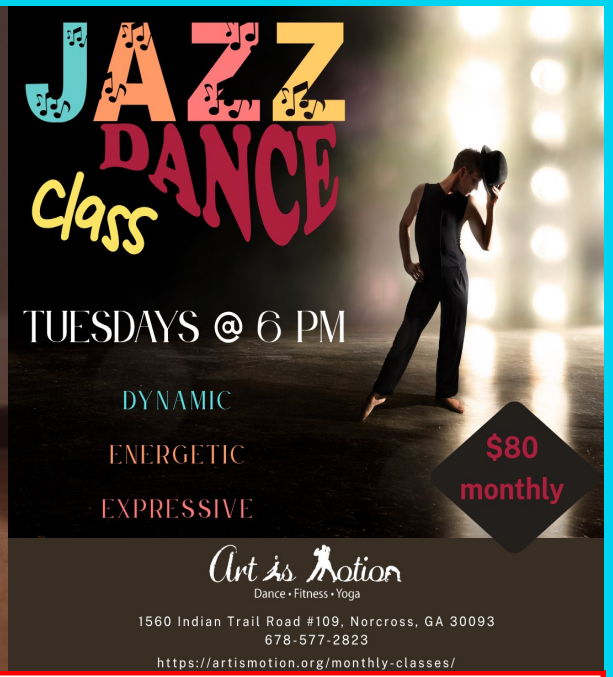
https://artismotion.org | 678-577-2823 | IG: @artismotionga



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