

ENROLL NOW

Latin Club Dance I
Tuesdays @ 8 pm 5/12
Salsa, Bachata, Merengue

Social Dance I
Mondays @ 8 pm 6/1
Foxtrot, Swing, Rumba, Cha Cha

Art is Motion

May 2026

TICKETS ON SALE

LIVE LOVE DANCE!

SATURDAY JUNE 6, 2026

*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org
678-577-2823 | <https://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 1:30 pm Bronze Class-(3/8)	4 7 pm Latin Club I—(6/8) 7 pm Silver Ballroom—(6/8) 8 pm VW / PB / QS—(5/8) 8:15 pm Yoga & Tai Chi	6 pm Salsa & Bachata Basics (\$10) 7 pm Latin Club XIII—(4/8) 7 pm Belly Dance 8 pm Hip Hop	6 pm KIDS Ballet 6 pm Jazz 7 pm Night Club XII—(4/8) 7 pm Social Dance VIII—(5/8)	7 6 pm Contemporary 7 pm Bronze Ballroom—(1/8) 7 pm Social Dance III—(2/8) 8 pm Social Dance I—(5/8)	8 6 pm K Pop "Rude" Hearts2Hearts 7 pm Date Night Dance Class (Couples) Salsa & Bachata	9 10 am Ballet 11 am Burlesque No Belly Dance Class 6:45 pm Danco & Drinko de Mayo Fiesta
1:30 pm Bronze Class-(4/8) 1:30 pm Jazz (Ladies only) 3 pm Social Dance (Family event)	11 7 pm Latin Club I—(7/8) 7 pm Silver Ballroom—(7/8) 8 pm VW / PB / QS—(6/8) 8:15 pm Yoga & Tai Chi	12 7 pm Latin Club XIII—(5/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Latin Club I—(1/8)	13 5 pm KIDS Ballet 6 pm Jazz 7 pm Night Club XII—(5/8) 7 pm Social Dance VIII—(6/8)	14 6 pm Contemporary 7 pm Bronze Ballroom—(2/8) 7 pm Social Dance III—(3/8) 8 pm Social Dance I—(6/8)	15 6 pm K Pop "Rude" Hearts2Hearts	16 10 am Ballet 11 am Burlesque 12 pm Belly Dance
17 1:30 pm Bronze Class-(5/8)	18 7 pm Latin Club I—(8/8) 7 pm Silver Ballroom—(8/8) 8 pm VW / PB / QS—(7/8) 8:15 pm Yoga & Tai Chi	19 7 pm Latin Club XIII—(6/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Latin Club I—(2/8)	20 5 pm KIDS Ballet 6 pm Jazz 7 pm Night Club XII—(6/8) 7 pm Social Dance VIII—(7/8)	21 6 pm Contemporary 7 pm Bronze Ballroom—(3/8) 7 pm Social Dance III—(4/8) 8 pm Social Dance I—(7/8)	22 6 pm K Pop "MIC Drop" BTS 7 pm Date Night Dance Class (Couples) Rumba & Swing	23 10 am Ballet 11 am Burlesque 12 pm Belly Dance
24 1:30 pm Bronze Class-(6/8) MEMORIAL DAY CELEBRATE * HONOR * REMEMBER		26 7 pm Latin Club XIII—(7/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Latin Club I—(3/8)	27 5 pm KIDS Ballet 6 pm Jazz 7 pm Night Club XII—(7/8) 7 pm Social Dance VIII—(8/8)	28 6 pm Contemporary 7 pm Bronze Ballroom—(4/8) 7 pm Social Dance III—(5/8) 8 pm Social Dance I—(8/8)	29 6 pm K Pop "MIC Drop" BTS	30 10 am Ballet 11 am Burlesque 12 pm Belly Dance
31 1:30 pm Bronze Class-(7/8)	7 pm Latin Club II—(1/8) 7 pm Silver Ballroom—(1/8) 8 pm VW / PB / QS—(8/8) 8 pm Social Dance I—(1/8) 8:15 pm Yoga & Tai Chi	2 7 pm Latin Club XIII—(8/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Latin Club I—(4/8)	3 5 pm KIDS Ballet 6 pm Jazz 7 pm Night Club XII—(8/8) 7 pm Social Dance IX—(1/8)	4 6 pm Contemporary 7 pm Bronze Ballroom—(5/8) 7 pm Social Dance III—(6/8) 8 pm Social Dance II—(1/8)	5 6 pm K Pop "New Jeans" New Jeans	6 10 am Ballet 11 am Burlesque 12 pm Belly Dance 7 pm Live Love Dance Dinner Dance Show

New Monthly Classes:

- KIDS Ballet
- Contemporary
- K-Pop
- Hip Hop
- Jazz
- Belly Dance
- Ballet
- Burlesque

DANCO & DRINKO DE MAYO FIESTA
Saturday, May 9th
6:45-10 PM

6:45 pm Introductions & Refreshments
7 pm Beginners' Salsa & Bachata Class
8-10 pm Dance Social
(All styles with dedicated Salsa/Bachata rooms)

\$30 REGULAR ADMISSION
\$10 GUESTS ADMISSION
(SAVE \$10 PER GUEST YOU BRING)

Group Courses:

8 weeks—\$180
Series Class drop in - \$25
(1st class of level 1 only)

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club Dance: Salsa Bachata Merengue

Night Club Dance: Samba Night Club 2 Step
Hustle West Coast Swing

Specialty: Chicago Step Viennese Waltz/QS/Peabody

***Pre-enrollment required.**
Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not** necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.
Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$80

8 Classes—\$140 Unlimited—\$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.
 (Passes do not carry over to the following calendar month)



Yoga — Mondays @ 8:15 pm

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Tai Chi — Mondays @ 8:15 pm

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

Belly Dance — Tuesdays @ 7 pm | Saturdays @ 12 pm

Middle Eastern inspired dance centered on building core strength, posture, and musical awareness.

Hip Hop — Tuesdays @ 8 pm

A dynamic dance class exploring rhythm, foundational techniques, and energetic movement.

Jazz — Wednesdays @ 6 pm

For dancers who enjoy physical challenges, precision, and expressing their personal style.

Contemporary — Thursdays @ 6 pm

Express emotions through movement including exercises to increase flexibility, strength and body awareness.

K-Pop — Fridays @ 6 pm

Blending of Hip Hop/Jazz /Street Dance with Korean idol-inspired choreography for fun cardio & cultural appreciation.

Ballet — Saturdays @ 10 am

Improve posture, balance and flexibility. Boost your confidence through the artistry and grace of ballet.

Burlesque — Saturdays @ 11 am

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!



CINCO de MAYO
SALSA & BACHATA
BASICS CLASS
 Tuesday, May 5th
 6 PM
 Beginners' Salsa & Bachata Class
\$10

Cinco de Mayo Special Class!

Salsa & Bachata BASICS—
 Learning how to move to this popular, upbeat, feel good music! Dance is a great way to connect with others!

Heart and soul healthy.

8-week Series Classes:

Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha, Rumba, Swing and Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

SOCIAL DANCE I
 8 WEEK COURSE
MONDAYS @ 8 PM
 STARTING JUNE 1ST
 \$180 INDIVIDUAL
 \$360 COUPLE
RUMBA
CHA CHA
SWING

LATIN CLUB DANCE I
 8 WEEK COURSE
TUESDAYS @ 8 PM
 STARTING MAY 12TH
SALSA
BACHATA
 \$180 INDIVIDUAL
 \$360 COUPLE

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.

DATE NIGHT DANCE
FRIDAYS @ 7 PM
 5/8 - SALSA & BACHATA
 5/22 - RUMBA & SWING
 6/12 - SALSA & BACHATA
 6/26 - RUMBA & SWING
\$50 PER COUPLE
 PLEASE ENROLL WITHIN 48 HOURS OF CLASS

DANCO & DRINKO DE MAYO FIESTA

Saturday, May 9th
6:45-10 PM

6:45 pm Introductions & Refreshments
7 pm Beginners' Salsa & Bachata Class
8-10 pm Dance Social
(All styles with dedicated Salsa/Bachata rooms)

\$30 REGULAR ADMISSION
\$10 GUESTS ADMISSION
(SAVE \$10 PER GUEST YOU BRING)

Mother's Day DANCE CLASSES & SOCIAL

MIMOSAS WITH MOM

Sunday, May 10th
1:30-3 pm OR 3 pm-5 pm

Celebrate Mom with fun Group instruction, Refreshments & Social Dancing!

Jazz Ladies only Option
"Genetics" by Meghan Trainor
1:30-3 pm
\$30 per adult
\$15 per child (under 14)

Social Dance family Option
Rumba, Bachata + more
3-5 pm
\$35 per adult
\$15 per child (under 14)

Kids Ballet

Wednesdays @ 5 pm

Our professional instructors provide top-tier ballet training for all skill levels, from young beginners to aspiring professionals

- ✓ Beginner Ballet Classes for Kids
- ✓ Classical & Contemporary Ballet Techniques

\$80 Monthly

For More Information
678-577-2823
<https://artismotion.org/kids-classes/>

Art is Motion
Dance • Fitness • Yoga
1560 Indian Trail Road
Norcross, GA 30093

Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.
Please enroll at least 48 hours prior to desired class.

HIP HOP

ALL LEVELS
\$25

Winston Miller

TUESDAYS
8 PM

678-577-2823
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)
1560 INDIAN TRAIL RD
SUITE 109
NORCROSS, GA 30093

BELLY DANCE CLASSES

Flow • Expression • Empowerment

TUESDAYS @ 7 PM
SATURDAYS @ 12 PM

Unleash your inner rhythm & embrace the beauty of belly dance

Art is Motion
Dance • Fitness • Yoga

1560 Indian Trail Rd #109
Norcross, GA 30093
678-577-2823
<https://artismotion.org/monthly-classes/>

K-POP

FRIDAYS @ 6 PM

RUDE
MIC DROP
NEW JEANS

Art is Motion
Dance • Fitness • Yoga

NOW ENROLLING | **678-577-2823**

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