

Social Dance I
 Fridays @ 7 pm—6/5
 Foxtrot, Swing, Rumba, Cha Cha

Latin Club Dance I
 Mondays @ 8 pm—6/1
 Salsa, Bachata, Merengue

Swing Intermediate
 Thursdays @ 8 pm—6/25

Art is Motion

May 2026

BASICS 101
 4 WEEK SAMPLER

THURSDAYS @ 8 PM
 STARTING MAY 26TH

RUMBA FOXFROT
 CHA CHA SWING

\$90 INDIVIDUAL
 \$180 COUPLE

*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org
 678-577-2823 | <https://ArtsMotion.org> | 5370 Lanier Islands Pkwy #G7, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 DANCE CLASSES & SOCIAL MIMOSAS WITH MOM	4 NEW 6 pm Line Dance—(1/4) 7 pm Latin Club I—(8/8)	5 DANCO & DRINKO DE MAYO FIESTA 6 pm Salsa & Bachata Basics (\$10) 7 pm Social Dance Int—(2/8) 8 pm Social Dance I—(6/8)	6 6 pm Burlesque—(1/4) 8 pm Latin Club II—(2/8)	7 7 pm Latin Club Int—(2/8)	8 7 pm Date Night Dance Class (Couples) Salsa & Bachata	9 DANCO & DRINKO DE MAYO FIESTA 6:45 pm Danco & Drinko de Mayo Fiesta NORCROSS STUDIO
10 Mimosas with Mom 1:30 pm Jazz (Ladies only) 3 pm Social Dance (Family event)	11 NEW 6 pm Line Dance—(2/4) 7 pm Latin Club I—(1/8)	12 7 pm Social Dance Int—(3/8) 8 pm Social Dance I—(7/8)	13 NEW 6 pm Burlesque—(2/4) 7 pm Social Dance—(1/8) 8 pm Latin Club II—(3/8)	14 7 pm Latin Club Int—(3/8)	15	16
17	18 6 pm Line Dance—(3/4) 7 pm Latin Club I—(2/8)	19 7 pm Social Dance Int—(4/8) 8 pm Social Dance I—(8/8)	20 NEW 6 pm Burlesque—(3/4) 7 pm Social Dance—(2/8) 8 pm Latin Club II—(4/8)	21 7 pm Latin Club Int—(4/8)	22 7 pm Date Night Dance Class (Couples) Rumba & Swing	23 PUPPIES & YOGA Coming in June 2026! Call to RSVP!
24 PUPPIES & YOGA Coming in June 2026! Call to RSVP!	25 MEMORIAL DAY CELEBRATE • HONOR • REMEMBER	26 7 pm Social Dance Int—(5/8) 8 pm Social Dance II—(1/8)	27 NEW 6 pm Burlesque—(4/4) 7 pm Social Dance—(3/8) 8 pm Latin Club II—(5/8)	28 7 pm Latin Club Int—(5/8) 8 pm Basics 101—(1/4)	29	30 LIVE LOVE DANCE! SATURDAY JUNE 6, 2026
31 6 pm Line Dance—(4/4) 7 pm Latin Club I—(3/8) 8 pm Latin Club I—(1/8)	1 NEW 6 pm Line Dance—(4/4) 7 pm Latin Club I—(3/8) 8 pm Latin Club I—(1/8)	2 7 pm Social Dance Int—(6/8) 8 pm Social Dance II—(2/8)	3 6 pm Burlesque—(1/4) 7 pm Social Dance—(4/8) 8 pm Latin Club II—(6/8)	4 7 pm Latin Club Int—(6/8) 8 pm Basics 101—(2/4)	5 NEW 6 pm Burlesque—(1/4) 7 pm Social Dance I—(1/8)	6 LIVE LOVE DANCE! SATURDAY JUNE 6, 2026

New Classes:

- Burlesque
- Line Dance
- Latin Club Dance I
- Social Dance I
- Date Night Dance

TICKETS ON SALE

LIVE LOVE DANCE!

\$25 thru 5/15
 \$30 5/16-5/31
 \$35 6/1-6/5
 \$40 6/6

IT'S MORE FUN ON THE FLOOR!

Group Courses:

8 weeks—\$180
 Series Class drop in - \$25
 (1st class of level 1 only)

Social Dance: Foxtrot Rumba Cha Cha
 Swing Tango Waltz

Latin Club Dance: Salsa Bachata Merengue

Night Club Dance: Samba Night Club 2 Step
 Hustle West Coast Swing

Specialty: Chicago Step Viennese Waltz/QS/Peabody

***Pre-enrollment required.
 Classes not meeting the minimum will be postponed***

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary** to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.
 Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org

Monthly Classes:

4 Classes—\$80 8 Classes—\$140

Line Dance — Mondays @ 6 pm

Fun & Social group dance for all levels improving coordination, memory and fitness!

Burlesque — Fridays @ 6 pm

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!



Line Dance Classes
 Mondays at 6 pm
 Art is Motion
 Dance • Fitness • Yoga
 with Sarah



BURLESQUE DANCE CLASS
 FRIDAYS @ 6 PM
 ELEVATE YOUR SKILL SET
 SENSUAL GLAMOROUS UNFORGETTABLE
 \$80 MONTHLY

8-week Series Classes:



SOCIAL DANCE I
 8 WEEK COURSE
 FRIDAYS @ 7 PM
 STARTING JUNE 5TH
 \$180 INDIVIDUAL
 \$360 COUPLE
 RUMBA
 CHA CHA
 SWING
 FOXTROT

Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha, Rumba, Swing and Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.



LATIN CLUB DANCE I
 8 WEEK COURSE
 MONDAYS @ 8 PM
 STARTING JUNE 1ST
 SALSA
 BACHATA
 \$180 INDIVIDUAL
 \$360 COUPLE

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.



BASICS 101
 4 WEEK SAMPLER
 THURSDAYS @ 8 PM
 STARTING MAY 28TH
 RUMBA FOXTROT
 CHA CHA SWING
 \$90 INDIVIDUAL
 \$180 COUPLE

Basics 101 is a fun, easy introductory 4 week class! Learn the basics of **Cha Cha, Rumba, Swing and Foxtrot!** Begin your dance journey today to become competent on the dance floor at social events, weddings, cruises and parties.



SWING-INT
 8 WEEK COURSE
 THURSDAYS @ 8 PM
 STARTING JUNE 25TH
 \$180 INDIVIDUAL
 \$360 COUPLE

Have a blast learning more variety in American Style East Coast **Swing** for social events, weddings, cruises and parties. Participate in this upbeat **intermediate** dance class to liven up your life and move to your favorite pop music retro and current!