

### Social Dance I

Wednesdays @ 7 pm—5/13  
Foxtrot, Swing, Rumba, Cha Cha

### Latin Club Dance I

Mondays @ 7 pm—5/11  
Salsa, Bachata, Merengue

### Swing Intermediate

Thursdays @ 8 pm—6/25

# Art is Motion

## May 2026

Line Dance Classes  
Mondays at 6 pm



with Sarah

\*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)  
678-577-2823 | <https://ArtsMotion.org> | 5370 Lanier Islands Pkwy #G7, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3  DANCE CLASSES & SOCIAL MIMOSAS WITH MOM	4  6 pm Line Dance—(1/4) 7 pm Latin Club I—(8/8)	5  6 pm Salsa & Bachata Basics (\$10) 7 pm Social Dance Int—(2/8) 8 pm Social Dance I—(6/8)	6  6 pm Burlesque—(1/4) 8 pm Latin Club II—(2/8)	7 7 pm Latin Club Int—(2/8)	8  7 pm Date Night Dance Class (Couples) Salsa & Bachata	9  6:45 pm Danco & Drinko de Mayo Fiesta NORCROSS STUDIO
10 Mimosas with Mom 1:30 pm Jazz (Ladies only) 3 pm Social Dance (Family event)	11  6 pm Line Dance—(2/4) 7 pm Latin Club I—(1/8)	12 7 pm Social Dance Int—(3/8) 8 pm Social Dance I—(7/8)	13  6 pm Burlesque—(2/4) 7 pm Social Dance—(1/8) 8 pm Latin Club II—(3/8)	14 7 pm Latin Club Int—(3/8)	15 7 pm Date Night Dance Class (Couples) Rumba & Swing	16 Private Lessons & Groups available Call to schedule
17  6 pm Line Dance—(3/4) 7 pm Latin Club I—(2/8)	18 7 pm Social Dance Int—(4/8) 8 pm Social Dance I—(8/8)	19 7 pm Social Dance Int—(4/8) 8 pm Social Dance I—(8/8)	20  6 pm Burlesque—(3/4) 7 pm Social Dance—(2/8) 8 pm Latin Club II—(4/8)	21 7 pm Latin Club Int—(4/8)	22  7 pm Date Night Dance Class (Couples) Rumba & Swing	23 Private Lessons & Groups available Call to schedule
24 MEMORIAL DAY CELEBRATE • HONOR • REMEMBER	25 7 pm Social Dance Int—(5/8) 8 pm Social Dance II—(1/8)	26 7 pm Social Dance Int—(5/8) 8 pm Social Dance II—(5/8)	27 6 pm Burlesque—(4/4) 7 pm Social Dance—(3/8) 8 pm Latin Club II—(5/8)	28 7 pm Latin Club Int—(5/8)	29 7 pm Date Night Dance Class (Couples) Rumba & Swing	30 Private Lessons & Groups available Call to schedule
31  6 pm Line Dance—(4/4) 8 pm Latin Club I—(1/8)	1  6 pm Line Dance—(4/4) 8 pm Latin Club I—(1/8)	2  7 pm Social Dance Int—(5/8) 8 pm Social Dance II—(1/8)	3  6 pm Burlesque—(1/4) 7 pm Social Dance—(4/8) 8 pm Latin Club II—(6/8)	4 7 pm Latin Club Int—(6/8)	5 7 pm Date Night Dance Class (Couples) Rumba & Swing	6  7 pm Live Love Dance Dinner Dance Show NORCROSS STUDIO

### New Classes:

- Burlesque
- Line Dance
- Latin Club Dance I
- Social Dance I
- Date Night Dance

TICKETS ON SALE

LIVE LOVE DANCE!

\$25 thru 5/15  
\$30 5/16-5/31  
\$35 6/1-6/5  
\$40 6/6

IT'S MORE FUN ON THE FLOOR!

### Group Courses:

8 weeks—\$180  
Series Class drop in - \$25  
(1st class of level 1 only)

**Social Dance:** Foxtrot Rumba Cha Cha  
Swing Tango Waltz

**Latin Club Dance:** Salsa Bachata Merengue

**Night Club Dance:** Samba Night Club 2 Step  
Hustle West Coast Swing

**Specialty:** Chicago Step Viennese Waltz/QS/Peabody

\*Pre-enrollment required.  
Classes not meeting the minimum will be postponed\*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary** to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

*"Specializing in Left Feet"*

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\***  
 Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)

### Monthly Classes:

4 Classes—\$80    8 Classes—\$140

#### Line Dance — Mondays @ 6 pm

Fun & Social group dance for all levels improving coordination, memory and fitness!

#### Burlesque — Wednesdays @ 6 pm

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!



Line Dance Classes  
 Mondays at 6 pm



Art is Motion  
 Dance • Fitness • Yoga

with Sarah



BURLESQUE  
 DANCE CLASS

WEDNESDAYS @ 6 PM

ELEVATE YOUR SKILL SET.



SENSUAL  
 GLAMOROUS  
 UNFORGETTABLE

\$80  
 MONTHLY



LEARN MORE [HTTPS://ARTISMOTION.ORG/MONTHLY-CLASSES/](https://artismotion.org/monthly-classes/)

### 8-week Series Classes:



SOCIAL DANCE I  
 8 WEEK COURSE

WEDNESDAYS @ 7 PM  
 STARTING MAY 13<sup>TH</sup>

\$180 INDIVIDUAL  
 \$360 COUPLE

RUMBA  
 CHA CHA  
 SWING



Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha, Rumba, Swing and Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.



LATIN CLUB  
 DANCE I  
 8 WEEK COURSE

MONDAYS @ 8 PM  
 STARTING JUNE 1<sup>ST</sup>

SALSA  
 BACHATA

\$180 INDIVIDUAL  
 \$360 COUPLE




SWING-INT  
 8 WEEK COURSE

THURSDAYS @ 8 PM  
 STARTING JUNE 25<sup>TH</sup>

\$180 INDIVIDUAL  
 \$360 COUPLE



Have a blast learning more variety in American Style East Coast **Swing** for social events, weddings, cruises and parties. Participate in this upbeat **intermediate** dance class to liven up your life and move to your favorite pop music retro and current!