

**Social Dance I**  
 Tuesdays —6/30  
 Foxtrot, Swing, Rumba, Cha Cha

**Latin Club Dance I**  
 Fridays @ 7 pm—7/10  
 Salsa, Bachata, Merengue

**Swing Intermediate**  
 Thursdays @ 8 pm—6/25

# Art is Motion

## June 2026

**PUPPIES & YOGA** \$70

June 14<sup>th</sup> - 2 pm & 3:30 pm  
 June 27<sup>th</sup> - 5 pm & 6:30 pm

Relax and release.  
 50 minute gentle yoga class  
 40 minute puppy chill time  
 Enroll now before spots fill up!

**\*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org**  
 678-577-2823 | <https://ArtsMotion.org> | 5370 Lanier Islands Pkwy #G7, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1  6 pm Line Dance 7 pm Latin Club I—(3/8)	2 7 pm Social Dance Int—(6/8)	3 7 pm Social Dance—(4/8) 8 pm Latin Club II—(6/8)	4 7 pm Latin Club Int—(6/8)	5 6 pm Burlesque—(1/4)	6  7 pm Live Love Dance Dinner Dance Show NORCROSS STUDIO
7	8  6 pm Line Dance 7 pm Latin Club I—(4/8)	9 7 pm Social Dance Int—(7/8)	10 7 pm Social Dance—(5/8) 8 pm Latin Club II—(7/8)	11 7 pm Latin Club Int—(7/8)	12  6 pm Burlesque—(2/4) 8 pm Date Night Dance Class (Couples) Salsa & Bachata	13 3 pm PRIVATE EVENT
14	15  6 pm Line Dance 7 pm Latin Club I—(5/8) 8 pm Latin Club I—(1/8)	16  7 pm Social Dance Int—(8/8)	17 7 pm Social Dance—(6/8) 8 pm Latin Club II—(8/8)	18 7 pm Latin Club Int—(8/8)	19  6 pm Burlesque—(3/4)	20
21	22  6 pm Line Dance 7 pm Latin Club I—(6/8) 8 pm Latin Club I—(2/8)	23 7 pm Social Dance Int—(1/8) 8 pm LCD Perform—(1/8)	24 7 pm Social Dance—(7/8) 8 pm Latin Club III—(1/8)	25  7 pm Latin Club Int—(1/8) 8 pm Swing Int—(1/8)	26  6 pm Burlesque—(4/4) 8 pm Date Night Dance Class (Couples) Rumba & Swing	27  PUPPIES & YOGA 5 pm or 6:30 pm \$70 50 minutes Gentle Yoga 40 minutes Puppy Chill Time
28	29  6 pm Line Dance 7 pm Latin Club I—(7/8) 8 pm Latin Club I—(3/8)	30  6 pm Social Dance I—(1/8) 7 pm Social Dance Int—(2/8) 8 pm LCD Perform—(2/8)	1 7 pm Social Dance—(8/8) 8 pm Latin Club III—(2/8)	2 7 pm Latin Club Int—(2/8) 8 pm Swing Int—(2/8)	3  6 pm Burlesque—(1/4)	 4 <sup>th</sup> OF JULY AMERICAN INDEPENDENCE DAY

**New Classes:**

- Burlesque
- Line Dance
- Latin Club Dance I
- Social Dance I
- Date Night Dance

**SOCIAL DANCE I**  
 8 WEEK COURSE

TUESDAYS @ 6 PM  
 STARTING JUNE 30<sup>th</sup>

\$180 INDIVIDUAL  
 \$360 COUPLE

RUMBA  
 CHA CHA  
 SWING  
 FOXTROT

**Group Courses:**  
 8 weeks—\$180  
 Series Class drop in - \$25  
 (1st class of level 1 only)

**Social Dance:** Foxtrot Rumba Cha Cha  
 Swing Tango Waltz

**Latin Club Dance:** Salsa Bachata Merengue

**Night Club Dance:** Samba Night Club 2 Step  
 Hustle West Coast Swing

**Specialty:** Chicago Step Viennese Waltz/QS/Peabody

**\*Pre-enrollment required.**  
**Classes not meeting the minimum will be postponed\***

**Group courses** begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

*"Specializing in Left Feet"*

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\***  
 Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)

**Monthly Classes:**

4 Classes—\$80    8 Classes—\$140

**Line Dance — Mondays @ 6 pm**

Fun & Social group dance for all levels improving coordination, memory and fitness!

**Burlesque — Fridays @ 6 pm**

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!



Line Dance Classes  
 Mondays at 6 pm  
 Art is Motion  
 Dance • Fitness • Yoga  
 with Sarah



BURLESQUE DANCE CLASS  
 FRIDAYS @ 6 PM  
 ELEVATE YOUR SKILL SET  
 SENSUAL GLAMOROUS UNFORGETTABLE  
 \$80 MONTHLY

**8-week Series Classes:**



SOCIAL DANCE I  
 8 WEEK COURSE  
 TUESDAYS @ 6 PM  
 STARTING JUNE 30<sup>TH</sup>  
 \$180 INDIVIDUAL  
 \$360 COUPLE  
 RUMBA  
 CHA CHA  
 SWING  
 FOXTROT

Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha, Rumba, Swing and Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.



LATIN CLUB DANCE I  
 8 WEEK COURSE  
 FRIDAYS @ 7 PM  
 STARTING JULY 10<sup>TH</sup>  
 \$180 INDIVIDUAL  
 \$360 COUPLE  
 SALSA  
 BACHATA  
 MERENGUE

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.



PUPPIES & YOGA  
 \$70  
 June 27<sup>th</sup> - 5 pm & 6:30 pm  
 Relax and release.  
 50 minute gentle yoga class  
 40 minute puppy chill time  
 Enroll now before spots fill up!



SWING-INT  
 8 WEEK COURSE  
 THURSDAYS @ 8 PM  
 STARTING JUNE 25<sup>TH</sup>  
 \$180 INDIVIDUAL  
 \$360 COUPLE

Have a blast learning more variety in American Style East Coast Swing for social events, weddings, cruises and parties. Participate in this upbeat **intermediate** dance class to liven up your life and move to your favorite pop music retro and current!