

**ENROLL NOW**

**Latin Club Dance I**  
Tuesdays @ 8 pm 3/10  
Salsa, Bachata, Merengue

**Swing 101**  
Wednesdays @ 8 pm 3/11

**Social Dance I**  
Thursdays @ 8 pm 3/12  
Foxtrot, Swing, Rumba, Cha Cha

# Art is Motion

## March 2026

**ROSENDO FUMERO**  
CHOREOGRAPHY & MORE!  
MARCH 2<sup>ND</sup> & 3<sup>RD</sup>

**LIVE LOVE DANCE!**  
Saturday, June 6, 2026  
SCHEDULE TODAY!

Rosendo Fumero is a former undefeated 3-time United States American Smooth Champion, a United States 9-Dance American Style Champion, as well as an undefeated Ohio Star Ball Champion. He is a world class adjudicator, instructor and organizer of the Virginia State DanceSport Championships.

**\*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org**  
678-577-2823 | <https://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1:30 pm Bronze Class-(4/8)	7 pm Latin Club IV—(8/8) 7 pm Latin Club XIII—(8/8) 7 pm Silver Ballroom—(7/8) 8 pm VW / PB / QS—(6/8) 8:15 pm Yoga & Tai Chi	3 7 pm Latin Club XII—(3/8) 7 pm Belly Dance 8 pm Hip Hop	4 6 pm Jazz 7 pm Night Club XI—(5/8) 7 pm Social Dance VII—(4/8)	5 6 pm Contemporary 7 pm Social Dance II—(1/8) 7 pm Bronze Ballroom—(1/8)	6 8 pm K Pop "Likey" by Twice	7 10 am Ballet 11 am Burlesque No Belly Dance 2 pm Social Dance I—(7/8) 3 pm Latin Club I—(7/8)
<b>Rosendo Fumero</b>						
8 1:30 pm Bronze Class—(5/8)	9 7 pm Latin Club V—(1/8) 7 pm Latin Club XIV—(1/8) 7 pm Silver Ballroom—(8/8) 8 pm VW / PB / QS—(7/8) 8:15 pm Yoga & Tai Chi	10 7 pm Latin Club XII—(4/8) 7 pm Belly Dance 8 pm Latin Club I—(1/8) 8 pm Hip Hop	11 6 pm Jazz 7 pm Night Club XI—(6/8) 7 pm Social Dance VII—(5/8) 8 pm Swing 101—(1/4)	12 6 pm Contemporary 7 pm Social Dance II—(2/8) 7 pm Bronze Ballroom—(2/8) 8 pm Social Dance I—(1/8)	13 7 pm Date Night Dance Class (Couples) Swing & Cha Cha 8 pm K Pop "Likey" by Twice	14 10 am Ballet 11 am Burlesque 12 pm Belly Dance 2 pm Social Dance I—(8/8) 3 pm Latin Club I—(8/8)
15 1:30 pm Bronze Class—(6/8) 2:30—4 pm Salsa Bachata Revival Workshop w/ Tanya (\$35)	16 7 pm Latin Club V—(2/8) 7 pm Latin Club XIV—(2/8) 7 pm Silver Ballroom—(1/8) 8 pm VW / PB / QS—(8/8) 8:15 pm Yoga & Tai Chi	17 7 pm Latin Club XII—(5/8) 7 pm Belly Dance 8 pm Latin Club I—(2/8) 8 pm Hip Hop	18 6 pm Jazz 7 pm Night Club XI—(7/8) 7 pm Social Dance VII—(6/8) 8 pm Swing 101—(2/4)	19 6 pm Contemporary 7 pm Social Dance II—(3/8) 7 pm Bronze Ballroom—(3/8) 8 pm Social Dance I—(2/8)	20 8 pm K Pop "Your Idol" Demon Hunters	21 10 am Ballet 11 am Burlesque 12—1:30 pm Workshop w/ Rainier Rics (\$35) 2 pm Social Dance II—(1/8) 3 pm Latin Club II—(1/8)
22 1:30 pm Bronze Class—(7/8)	23 7 pm Latin Club V—(2/8) 7 pm Latin Club XIV—(2/8) 7 pm Silver Ballroom—(1/8) 8 pm VW / PB / QS—(8/8) 8:15 pm Yoga & Tai Chi	24 7 pm Latin Club XII—(6/8) 7 pm Belly Dance 8 pm Latin Club I—(3/8) 8 pm Hip Hop	25 6 pm Jazz 7 pm Night Club XI—(8/8) 7 pm Social Dance VII—(7/8) 8 pm Swing 101—(3/4)	26 6 pm Contemporary 7 pm Social Dance II—(4/8) 7 pm Bronze Ballroom—(4/8) 8 pm Social Dance I—(3/8)	27 7 pm Date Night Dance Class (Couples) Salsa & Foxtrot 8 pm K Pop "Your Idol" Demon Hunters	28 10 am Ballet 11 am Buresque 12 pm Belly Dance 2 pm Social Dance II—(2/8) 3 pm Latin Club II—(2/8)
29 No Bronze Class	30 7 pm Latin Club V—(2/8) 7 pm Latin Club XIV—(2/8) 7 pm Silver Ballroom—(1/8) 8 pm VW / PB / QS—(8/8) 8:15 pm Yoga & Tai Chi	31 7 pm Latin Club XII—(7/8) 7 pm Belly Dance 8 pm Latin Club I—(4/8) 8 pm Hip Hop	1 6 pm Jazz 7 pm Night Club XII—(1/8) 7 pm Social Dance VII—(8/8) 8 pm Swing 101—(4/4)	2 6 pm Contemporary 7 pm Social Dance II—(5/8) 7 pm Bronze Ballroom—(5/8) 8 pm Social Dance I—(4/8)	3 8 pm K Pop	4 10 am Ballet 11 am Burlesque 2 pm Social Dance II—(3/8) 3 pm Latin Club II—(3/8)

**New Monthly Classes:**

- Line Dance
- K-Pop
- Jazz
- Ballet
- Contemporary
- Hip Hop
- Belly Dance
- Burlesque

**Art is Motion**  
Dance • Fitness • Yoga

**RAINIER RICS**

**SPECIAL WORKSHOP**

TECHNIQUE SATURDAY MARCH 14<sup>TH</sup> 12-1:30 PM

**\$35**

**Group Courses:**  
8 weeks—\$180  
(Early enrollment 7+ Days Prior—Save \$15)  
Series Class drop in - \$25  
(1st class of level 1 only)

**Social Dance:** Foxtrot Rumba Cha Cha  
Swing Tango Waltz

**Latin Club Dance:** Salsa Bachata Merengue

**Night Club Dance:** Samba Night Club 2 Step  
Hustle West Coast Swing

**Specialty:** Chicago Step Viennese Waltz/QS/Peabody

**\*Pre-enrollment required.**  
**Classes not meeting the minimum will be postponed\***

**Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is not**

**"Specializing in Left Feet"**

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\***  
**Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)**

### Monthly Pass Classes:

1 Class—\$25    4 Classes—\$80

8 Classes—\$140    Unlimited—\$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.  
(Passes do not carry over to the following calendar month)

#### **Yoga — Mondays @ 8:15 pm**

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

#### **Tai Chi — Mondays @ 8:15 pm**

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

#### **Belly Dance — Tuesdays @ 7 pm | Saturdays @ 12 pm**

Middle Eastern inspired dance centered on building core strength, posture, and musical awareness.

#### **Hip Hop — Tuesdays @ 8 pm**

A dynamic dance class exploring rhythm, foundational techniques, and energetic movement.

#### **Jazz — Wednesdays @ 6 pm**

For dancers who enjoy physical challenges, precision, and expressing their personal style.

#### **Contemporary — Thursdays @ 6 pm**

Express emotions through movement including exercises to increase flexibility, strength and body awareness.

#### **K-Pop — Fridays @ 8 pm**

Blending of Hip Hop/Jazz /Street Dance with Korean idol-inspired choreography for fun cardio & cultural appreciation.

#### **Ballet — Saturdays @ 10 am**

Improve posture, balance and flexibility. Boost your confidence through the artistry and grace of ballet.

#### **Burlesque — Saturdays @ 11 am**

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!

#### **Tap 101 — TBD**

Musicality & improvisation using your feet as an instrument of "expression" that creates sounds with the floor.

#### **Zumba — TBD**

Fun Fitness! Latin dance inspired interval style cardio workout going strong since 2001.

#### **Line Dance — TBD**

Fun & Social group dance for all levels improving coordination, memory and fitness!

**\*Pre-enrollment is required for all classes.**  
**Classes not meeting minimum enrollment will be postponed.\***  
**Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)**

### 4 & 8-week Series Classes:



#### **SWING 101**

4 WEEK COURSE

WEDNESDAYS @ 8 PM

STARTING MARCH 11<sup>TH</sup>

\$88 INDIVIDUAL  
 \$176 COUPLE

Have a blast learning the essential basics of American Style East Coast Swing for social events, weddings, cruises and parties. **Make it a month of dates!** Or participate in this upbeat dance to liven up your free time and move to your favorite pop music retro and current.

Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha, Rumba, Swing and Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

**SOCIAL DANCE I**  
 8 WEEK COURSE  
 THURSDAYS @ 8 PM  
 STARTING MARCH 12<sup>TH</sup>  
 \$180 INDIVIDUAL  
 \$360 COUPLE  
**RUMBA  
 CHA CHA  
 SWING  
 FOXTROT**

**LATIN CLUB DANCE I**  
 8 WEEK COURSE  
 TUESDAYS @ 8 PM  
 STARTING MARCH 10<sup>TH</sup>  
 \$180 INDIVIDUAL  
 \$360 COUPLE  
**SALSA  
 BACHATA  
 MERENQUE**

Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.



# YOGA & TAI CHI

**Mondays**  
**8:15 pm**



Relieves stress / anxiety  
Boosts cognitive abilities  
Increases flexibility / agility  
Improves balance / coordination skills  
Enhances strength / stamina

**Feel Better**

Please register 48 hours before class



**Art is Motion**  
Dance • Fitness • Yoga

1560 Indian Trail Rd #109  
Norcross, GA 30093  
678-577-2823

<https://artismotion.org/yoga/>



Dance • Fitness • Yoga

TANYA ARNHOLD



# SALSA & BACHATA REVIVAL WORKSHOP

TECHNIQUE  
INTERMEDIATE  
LEVEL  
**\$35**

**SUNDAY**  
**MARCH 15<sup>TH</sup>**  
**2:30-4 PM**

1560 INDIAN TRAIL ROAD  
NORCROSS, GA 30093  
678-577-2823  
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)



Winston Miller

# HIP HOP

ALL LEVELS  
**\$25**

**TUESDAYS**  
**8 PM**

678.577.2823  
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)  
1560 INDIAN TRAIL RD  
SUITE 109  
NORCROSS, GA 30093

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\* Please enroll at least 48 hours prior to desired class.**

# BELLY DANCE CLASSES

Flow • Expression • Empowerment



Unleash your inner rhythm & embrace the beauty of belly dance

**TUESDAYS @ 7 PM**  
**SATURDAYS @ 12 PM**

**Art is Motion**  
Dance • Fitness • Yoga

1560 Indian Trail Rd #109  
Norcross, GA 30093  
678-577-2823  
<https://artismotion.org/>

# K-POP



**FRIDAYS**  
**@ 8 PM**

LIKE YOUR IDOL

**Art is Motion**  
Dance • Fitness • Yoga

**NOW ENROLLING** | 678-577-2823  
1560 Indian Trail Rd Norcross, GA 30093  
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)

# BURLESQUE DANCE CLASS

**SATURDAYS @ 11 AM**

MODERN BURLESQUE DRAWS INSPIRATION FROM VINTAGE STYLES SEEKING TO RECAPTURE THE SPECTACLE, GLAMOUR AND THEATRICAL PERFORMANCE OF EARLIER ERAS, INCLUDING SEDUCTIVE, SUGGESTIVE DANCE MOVES, COMEDY STAGE PRESENCE AND THEATRICAL COSTUMES AND PROPS.

ELEVATE YOUR SKILL SET.  
OUR BURLESQUE DANCE GROUP CLASSES WILL HELP YOU ENHANCE YOUR SENSUAL, GLAMOROUS, AND UNFORGETTABLE SELF!

LEARN MORE  
[HTTPS://ARTISMOTION.ORG/MONTHLY-CLASSES/](https://artismotion.org/monthly-classes/)

**Art is Motion**  
Dance • Fitness • Yoga

1560 INDIAN TRAIL #109  
NORCROSS, GA 30093  
678-577-2823



**\$80**  
**MONTHLY**