

## Enroll Now!

**Social Dance — Intermediate**  
Tuesdays @ 7 pm—February 2026  
Foxtrot, Swing, Rumba, Cha Cha

**Latin Club Dance — Intermediate**  
Thursdays @ 7 pm—February 2026  
Salsa, Bachata, Merengue

# Art is Motion

## January 2026



DON'T MISS IT  
**GRAND  
OPENING**  
FEBRUARY 2026

\*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)  
678-577-2823 | <https://ArtIsMotion.org> | 5370 Lanier Islands Pkwy #G7, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	6 pm Social Dance I 7 pm Latin Club Dance I <b>Enroll Now for Mondays February 2026</b>		7 pm Social Dance I 8 pm Latin Club Dance I <b>Enroll Now for Wednesdays February 2026</b>		9	10 <b>1—5 pm Community Day Norcross</b>
11	12	13	14	15	16	17
<p><b>SALSA &amp; BACHATA REVIVAL WORKSHOP</b> 2:30—4 pm w/ Tanya Norcross ALL LEVELS \$35</p>		18	19	20	21	22
25	26	27	28	29	<p><b>SALSA BACHATA SOCIAL CLUB</b> <b>Friday, January 23<sup>rd</sup></b> 8 pm til late Venue TBD</p>	

## New Classes:



## Group Courses:

**8 weeks—\$180**

(Early enrollment 7+ Days Prior—Save \$15)

**Series Class drop in - \$25**

(1st class of level 1 only)

**Social Dance:** Foxtrot Rumba Cha Cha  
Swing Tango Waltz

**Latin Club Dance:** Salsa Bachata Merengue

**Night Club Dance:** Samba Night Club 2 Step  
Hustle West Coast Swing

**Specialty:** Chicago Step Viennese Waltz/QS/Peabody

**\*Pre-enrollment required.**

**Classes not meeting the minimum will be postponed\***

**Group courses** begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while

**"Specializing in Left Feet"**

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\***

Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)

### 8-week Series Classes:

A blue poster for 'SOCIAL DANCE I' featuring musical notes and a photo of people dancing. The text includes '8 WEEK COURSE', 'MONDAYS @ 6 PM STARTING FEBRUARY 2026 OR WEDNESDAYS @ 7 PM STARTING FEBRUARY 2026', '\$180 INDIVIDUAL \$360 COUPLE', and a list of dance styles: RUMBA, CHA CHA, SWING, and FOXTROT. The Art is Motion logo and contact information are at the bottom.

# SOCIAL DANCE I

8 WEEK COURSE

MONDAYS @ 6 PM  
STARTING FEBRUARY 2026

OR

WEDNESDAYS @ 7 PM  
STARTING FEBRUARY 2026

\$180 INDIVIDUAL  
\$360 COUPLE

RUMBA  
CHA CHA  
SWING  
FOXTROT

*Art is Motion*  
Dance • Fitness • Yoga

5370 Lanier Islands Parkway # 7G, Buford, GA 30518  
<https://artismotion.org> | 678-577-2823 | IG: @artismotionga



Social Dance I is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of **Cha Cha**, **Rumba**, **Swing** and **Foxtrot** with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

A purple poster for 'LATIN CLUB DANCE I' featuring a photo of a couple dancing and musical notes. The text includes '8 WEEK COURSE', 'MONDAYS @ 7 PM STARTING FEBRUARY 2026 OR WEDNESDAYS @ 8 PM STARTING FEBRUARY 2026', '\$180 INDIVIDUAL \$360 COUPLE', and a list of dance styles: SALSA, BACHATA, and MERENGUE. The Art is Motion logo and contact information are at the bottom.

# LATIN CLUB DANCE I

8 WEEK COURSE

MONDAYS @ 7 PM  
STARTING FEBRUARY 2026

OR

WEDNESDAYS @ 8 PM  
STARTING FEBRUARY 2026

\$180 INDIVIDUAL  
\$360 COUPLE

SALSA  
BACHATA  
MERENGUE

*Art is Motion*  
Dance • Fitness • Yoga

5370 Lanier Islands Parkway # 7G, Buford, GA 30518  
<https://artismotion.org> | 678-577-2823 | IG: @artismotionga



Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of **Salsa**, **Bachata** and **Merengue** with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.

**\*Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.\***

Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)

**2026 COMMUNITY DAY**  
**Schedule**  
*Full Day Pass Only \$20!*

A day of health, education, fitness & fun

Saturday, January 10th 1-5 pm

1:00	K-POP	YOGA	LINE DANCE
1:30	HIP HOP	TAI CHI	FOXTROT
2:00	CONTEMPORARY	RHYTHM TECHNIQUE	RUMBA
2:30	CHA CHA	YOGA	JAZZ
3:00	SALSA	TAI CHI	HIP HOP
3:30	BACHATA	BALLET	WEST COAST SWING
4:00	2-STEP	LINE DANCE	K-POP
4:30	BURLESQUE	HUSTLE	SWING

Board Certified Health Coach available for individual consultation all day

**Art is Motion**  
 Dance • Fitness • Yoga

**TANYA ARNHOLD**

**SALSA & BACHATA REVIVAL WORKSHOP**  
 ALL LEVELS  
**\$35**

**SUNDAY JANUARY 18<sup>TH</sup> 2:30-4 PM**

1560 INDIAN TRAIL ROAD  
 NORCROSS, GA 30093  
 678-577-2823  
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)

**Art is Motion**  
 Dance • Fitness • Yoga

**\$35 EACH**

**RAINIER RICS**

**SPECIAL WORKSHOPS**

**FOXTROT SATURDAY JANUARY 17<sup>TH</sup> 12-1:30 PM**

**TECHNIQUE SATURDAY JANUARY 31<sup>ST</sup> 12-1:30 PM**

**Special Events for all Art Is Motion Students held at our Norcross location.**

**Art is Motion**  
 Dance • Fitness • Yoga

**DATE NIGHT DANCE**

**FRIDAYS @ 7 PM**

**1/2 - SALSA & BACHATA**  
**1/16 - RUMBA & SALSA**  
**1/30 - FOXTROT & SWING**

**\$50 PER COUPLE**

PLEASE ENROLL WITHIN 48 HOURS OF CLASS

<https://artismotion.org> | 678-577-2823 | IG: @artismotionga

1560 Indian Trail Rd, Ste 109  
 Norcross, GA 30093

**Art is Motion**  
 Dance • Fitness • Yoga

**SALSA BACHATA SOCIAL CLUB**

**Friday, January 23<sup>rd</sup>**  
*8 pm til late*  
 Venue TBD

**AIM Dance Meetup** *Save the Date*

**AIM DANCE CHALLENGE**  
**FEBRUARY 1, 2026**  
**2 - 5 : 3 0 P M**

**Adjudicators**

**Ian Folker** **Rainier Rics**

Come join us for our annual AIM Dance Challenge!!  
 Participate or Spectate and cheer on your fellow students and teachers!  
 Essential competition prep workshop and fun for all. Go Team AIM!

**Participants**  
**\$250**  
 (includes 5 entries, admission & special workshop)  
 Additional entries - \$25 per entry

**Spectators**  
 \$25 Admission to Competition  
 \$60 Special Workshop