



# Art is Motion

## February 2026



\*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing [dance@artismotion.org](mailto:dance@artismotion.org)

678-577-2823 | <https://ArtIsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1:30 pm Bronze Class-(8/8)	2 7 pm Latin Club IV—(4/8) 7 pm Latin Club XIII—(4/8) 7 pm Silver Ballroom—(3/8) 8 pm VW / PB / QS—(2/8) 8:15 pm Yoga & Tai Chi	3 8 pm Latin Club Dance I Enrolling Now for February 17th 7 pm Latin Club XI—(6/8) 7 pm Belly Dance 8 pm Hip Hop	4 6 pm Jazz 7 pm Night Club XI—(1/8) 7 pm Social Dance VII—(1/8)	5 6 pm Contemporary 7 pm Social Dance I—(5/8) 7 pm Bronze Ballroom—(5/8)	6 NEW 8 pm K Pop "Miniskirt" by AOA	7 10 am Ballet 11 am Burlesque 12 pm Belly Dance 2 pm Social Dance I—(4/8) 3 pm Latin Club I—(4/8)
8 1:30 pm Bronze Class-(1/8)	9 7 pm Latin Club IV—(5/8) 7 pm Latin Club XIII—(5/8) 7 pm Silver Ballroom—(4/8) 8 pm VW / PB / QS—(3/8) 8:15 pm Yoga & Tai Chi	10 7 pm Latin Club XI—(7/8) 7 pm Belly Dance 8 pm Hip Hop	11 6 pm Jazz 7 pm Night Club XI—(2/8) 7 pm Social Dance VII—(2/8) 8 pm Swing 101—(1/4)	12 NEW 6 pm Contemporary 7 pm Social Dance I—(6/8) 7 pm Bronze Ballroom—(6/8) 8 pm Basics 101—(1/4) Rumba	13 7 pm Date Night Dance Class (Couples) Tango & Bachata 8 pm K Pop "Miniskirt" by AOA	14 10 am Ballet 11 am Burlesque 12 pm Belly Dance 2 pm Social Dance I—(5/8) 3 pm Latin Club I—(5/8) A Date With Dance
15 1:30 pm Bronze Class-(2/8) 2:30-4 pm Salsa Bachata Revival Workshop w/ Tanya (\$35)	16 7 pm Latin Club IV—(6/8) 7 pm Latin Club XIII—(6/8) 7 pm Silver Ballroom—(5/8) 8 pm VW / PB / QS—(4/8) 8:15 pm Yoga & Tai Chi	17 6 pm Jazz 7 pm Belly Dance 8 pm Latin Club I—(1/8) 8 pm Hip Hop	18 6 pm Contemporary 7 pm Social Dance I—(7/8) 7 pm Bronze Ballroom—(7/8) 8 pm Basics 101—(2/4) Foxtrot	19 6 pm Contemporary 7 pm Social Dance I—(7/8) 7 pm Bronze Ballroom—(7/8) 8 pm Basics 101—(2/4) Foxtrot	20 8 pm K Pop "I Need You" by BTS	21 10 am Ballet 11 am Burlesque 12 pm Belly Dance 12-1:30 pm Technique Workshop w/ Rainier Rics (\$35) 2 pm Social Dance I—(6/8) 3 pm Latin Club I—(6/8)
22 1:30 pm Bronze-(3/8) AIM Dance Challenge DanceSport 2:30-6 pm	23 7 pm Latin Club IV—(7/8) 7 pm Latin Club XIII—(7/8) 7 pm Silver Ballroom—(6/8) 8 pm VW / PB / QS—(5/8) 8:15 pm Yoga & Tai Chi	24 7 pm Latin Club XII—(1/8) 7 pm Belly Dance 8 pm Latin Club I—(2/8) 8 pm Hip Hop	25 6 pm Jazz 7 pm Night Club XI—(4/8) 7 pm Social Dance VII—(4/8) 8 pm Swing 101—(3/4)	26 6 pm Contemporary 7 pm Social Dance I—(8/8) 7 pm Bronze Ballroom—(8/8) 8 pm Basics 101—(3/4) Cha Cha	27 7 pm Date Night Dance Class (Couples) Salsa & Rumba 8 pm K Pop "I Need You" by BTS	28 10 am Ballet 11 am Burlesque 12 pm Belly Dance 2 pm Social Dance I—(7/8) 3 pm Latin Club I—(7/8)
1 1:30 pm Bronze Class-(4/8)	3 7 pm Latin Club XII—(2/8) 7 pm Belly Dance 8 pm Latin Club I—(3/8) 8 pm Hip Hop	4 6 pm Jazz 7 pm Night Club XI—(5/8) 7 pm Social Dance VII—(5/8) 8 pm Swing 101—(4/4)	5 6 pm Contemporary 7 pm Social Dance I—(1/8) 7 pm Bronze Ballroom—(1/8) 8 pm Basics 101—(4/4) Swing	6 8 pm K Pop "Likely" by Twice	7 10 am Ballet 11 am Burlesque 2 pm Social Dance I—(8/8) 3 pm Latin Club I—(8/8)	

Rosendo Fumero

## New Monthly Classes:

Line Dance	Contemporary
K-Pop	Hip Hop
Jazz	Belly Dance
Ballet	Burlesque



## Group Courses:

8 weeks—\$180

(Early enrollment 7+ Days Prior—Save \$15)

Series Class drop in - \$25

(1st class of level 1 only)

Social Dance: Foxtrot Rumba Cha Cha  
Swing Tango Waltz

Latin Club Dance: Salsa Bachata Merengue

Night Club Dance: Samba Night Club 2 Step  
Hustle West Coast Swing

Specialty: Chicago Step Viennese Waltz/QS/Peabody

\*Pre-enrollment required.  
Classes not meeting the minimum will be postponed\*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is not necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while

**"Specializing in Left Feet"**

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## Monthly Pass Classes:

1 Class—\$25 4 Classes—\$80

8 Classes—\$140 Unlimited—\$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.  
 (Passes do not carry over to the following calendar month)

### **Yoga — Mondays @ 8:15 pm**

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

### **Tai Chi — Mondays @ 8:15 pm**

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

### **Belly Dance — Tuesdays @ 7 pm | Saturdays @ 12 pm**

Middle Eastern inspired dance centered on building core strength, posture, and musical awareness.

### **Hip Hop — Tuesdays @ 8 pm**

A dynamic dance class exploring rhythm, foundational techniques, and energetic movement.

### **Jazz — Wednesdays @ 6 pm**

For dancers who enjoy physical challenges, precision, and expressing their personal style.

### **Contemporary — Thursdays @ 6 pm**

Express emotions through movement including exercises to increase flexibility, strength and body awareness.

### **K-Pop — Fridays @ 8 pm**

Blending of Hip Hop/Jazz /Street Dance with Korean idol-inspired choreography for fun cardio & cultural appreciation.

### **Ballet — Saturdays @ 10 am**

Improve posture, balance and flexibility. Boost your confidence through the artistry and grace of ballet.

### **Burlesque — Saturdays @ 11 am**

Build confidence & feel amazing with seductive, suggestive dance moves, comedy, & stage presence!

### **Tap 101 — TBD**

Musicality & improvisation using your feet as an instrument of "expression" that creates sounds with the floor.

### **Zumba — TBD**

Fun Fitness! Latin dance inspired interval style cardio workout going strong since 2001.

### **Line Dance — TBD**

Fun & Social group dance for all levels improving coordination, memory and fitness!

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## 4 & 8-week Series Classes:

### **SWING 101**

4 WEEK COURSE

WEDNESDAYS @ 8 PM

STARTING  
FEBRUARY 11<sup>TH</sup>

\$88 INDIVIDUAL  
\$176 COUPLE



Basics 101 is a fun, easy beginner class! Gain a solid understanding of the essential fundamentals of Cha Cha, Rumba, Swing and Foxtrot with this 8 week course. Build confident diversity for social events, weddings, cruises and parties. Feel comfortable and at ease navigating the dance floor.

**BASICS 101**  
 4 WEEK SAMPLER

THURSDAYS @ 8 PM  
 STARTING FEBRUARY 12<sup>TH</sup>

**RUMBA      FOXTROT**  
**CHA CHA      SWING**

\$88 INDIVIDUAL  
 \$176 COUPLE

### **LATIN CLUB DANCE I**

8 WEEK COURSE

TUESDAYS @ 8 PM

STARTING FEBRUARY 17<sup>TH</sup>

**SALSA      BACHATA      MERENGUE**



Latin Club Dance I is a fun and energetic beginner class! Gain a solid understanding of the essential fundamentals of Salsa, Bachata and Merengue with this 8 week course. Learning how to move to this upbeat, feel good music is a great way to connect! Heart and soul healthy.

**A Date with Dance**  
SATURDAY, FEBRUARY 14TH

**SINGLES MIXER CLASS**  
7- 8PM

**CUPID SHUFFLE CLASS**  
8-8:30PM

**DANCE SOCIAL**  
8:30-10:30 PM

JOIN US FOR REFRESHMENTS, FUN, & DANCING!  
LET'S CELEBRATE OUR LOVE OF DANCE

**\$50 NOW**  
**\$65 AFTER FEB 1ST**

**Art is Motion**  
Dance • Fitness • Yoga  
1560 INDIAN TRAIL RD SUITE 109  
NORCROSS, GA 30093  
678-577-2823  
@ARTISMOTIONGA

**TANYA ARNHOLD**

**SALSA & BACHATA REVIVAL WORKSHOP**  
TECHNIQUE ALL LEVELS  
**\$35**

**SUNDAY**  
**FEB 15<sup>TH</sup>**  
**2:30-4 PM**

1560 INDIAN TRAIL ROAD  
NORCROSS, GA 30093  
678-577-2823  
[HTTPS://ARTISMOTION.ORG](https://artismotion.org)

**Art is Motion**  
Dance • Fitness • Yoga

**RAINIER RICS**  
**SPECIAL WORKSHOP**

**TECHNIQUE SATURDAY**  
**FEBRUARY 21<sup>ST</sup>**  
**12-1:30 PM**  
**\$35**

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**DANCE WITH CHAMPIONS**

**ROSENDO FUMERO**  
CHOREOGRAPHY & MORE!  
MARCH 2<sup>ND</sup> & 3<sup>RD</sup>

Rosendo Fumero is a former undefeated 3-time United States American Smooth Champion, a United States 9-Dance American Style Champion, as well as an undefeated Ohio Star Ball Champion. He is a world class adjudicator, instructor and organizer of the Virginia State DanceSport Championships.

**SCHEDULE TODAY!**

**Art is Motion**  
Dance • Fitness • Yoga

**DATE NIGHT DANCE**

**FRIDAYS @ 7 PM**

**2/13 - TANGO & BACHATA**  
**2/27 - SALSA & RUMBA**  
**3/13 - SWING & CHA CHA**  
**3/27 - SALSA & FOXTROT**

**\$50 PER COUPLE**

PLEASE ENROLL WITHIN 48 HOURS OF CLASS

<https://artismotion.org> | 678-577-2823 | IG: @artismotionga

**AIM DANCE CHALLENGE**  
**FEBRUARY 22, 2026**  
**2 : 3 0 - 6 P M**

**Adjudicators**  
**Tamsyn Devilliers**

**Rainier Rics**

Come join us for our annual AIM Dance Challenge!!  
Participate or Spectate and cheer on your fellow students and teachers!  
Essential competition prep workshop and fun for all. Go Team AIM!

**Participants**  
**\$250**  
(includes 5 entries, admission & special workshop)  
Additional entries - \$25 per entry

**Spectators**  
**\$25 Admission to Competition**  
**\$60 Special Workshop**

*New Competitor Discount! 50%*