

Rosendo Fumero



Feb 28—Mar 2

Work on choreography for the upcoming June 7th "Lunar Luau" Showcase or enhance your technique and styling. Pre-enrollment for specialty workshops required!

Art is Motion

March 2025

Beginner Classes

ENROLL NOW

Latin Club Dance I—Thurs 3/6 @ 8 pm
Salsa, Bachata & Merengue

Social Dance I—Thurs 3/6 @ 7 pm
Foxtrot, Swing, Rumba, Cha Cha

New Monthly Classes:

- Tai Chi
- Gentle Yoga
- Zumba
- Ballet
- Contemporary
- Jazz
- Hip Hop
- Belly Dance

NEW

*Pre-enrollment is required for all classes. Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org
678-577-2823 | <https://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>23</p> <p>1 pm Bronze Ballroom—(4/8) 2 pm NCD III—(8/8)</p> <p>Latin Club Dance I Sundays Enrolling for March TBD</p>	<p>24</p> <p>7 pm Silver Ballroom—(5/8) 7 pm Latin Club VII—(7/8) 8 pm Latin Club II/III—(7/8) 8 pm Night Club Perf—(3/8) 8:15 pm Gentle Yoga</p>	<p>25</p> <p>Be fit, be fabulous, be happy</p> <p>ZUMBA BURN 500-1000</p> <p>6 pm Ballet 7 pm Latin Club V—(6/8)</p>	<p>26</p> <p>3 pm Tai Chi</p> <p>7 pm VW / PB / QS—(4/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Social Dance I—(6/8)</p>	<p>27</p> <p>SD I & LCD I Thursdays starting March 6th</p> <p>6 pm Jazz 7 pm Social Dance III—(3/8) 8 pm Social Dance VII—(1/8) 8 pm Contemporary</p>	<p>28</p> <p>7 pm Date Night Dance Class for Couples Salsa & Bachata</p>	<p>1</p> <p>10 am Ballet 11 am Contemporary 7 pm Special Workshop 8 pm Special Workshop</p>
Rosendo Fumero						
<p>2</p> <p>1 pm Bronze Ballroom—(5/8) 2 pm NCD IV—(1/8)</p> <p>Rosendo Fumero</p>	<p>3</p> <p>7 pm Silver Ballroom—(6/8) 7 pm Latin Club VII—(8/8) 8 pm Latin Club II/III—(8/8) 8 pm Night Club Perf—(4/8) 8:15 pm Gentle Yoga</p>	<p>4</p> <p>NEW</p> <p>1 pm Zumba 6 pm Ballet 7 pm Latin Club V—(7/8) 8 pm Latin Club I—(5/8)</p>	<p>5</p> <p>3 pm Tai Chi 6 pm Jazz 7 pm VW / PB / QS—(5/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Social Dance I—(7/8)</p>	<p>6</p> <p>NEW</p> <p>6 pm Contemporary 7 pm Social Dance VII—(2/8) 7 pm Social Dance I—(1/8) 8 pm Latin Club I—(1/8)</p>	<p>7</p> <p>7 pm Ballet 8 pm Jazz</p>	<p>8</p> <p>10 am Ballet 11am PRIVATE EVENT</p>
<p>9</p> <p>1 pm Bronze Ballroom—(6/8) 2 pm NCD IV—(2/8)</p>	<p>10</p> <p>7 pm Silver Ballroom—(7/8) 7 pm Latin Club VIII—(1/8) 8 pm Latin Club IV—(1/8) 8 pm Night Club Perf—(5/8) 8:15 pm Gentle Yoga</p>	<p>11</p> <p>1 pm Zumba 6 pm Ballet 7 pm Latin Club V—(8/8) 8 pm Latin Club I—(6/8)</p>	<p>12</p> <p>3 pm Tai Chi 6 pm Jazz 7 pm VW / PB / QS—(6/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Social Dance I—(8/8)</p>	<p>13</p> <p>6 pm Contemporary 7 pm Social Dance VII—(3/8) 7 pm Social Dance I—(2/8) 8 pm Latin Club I—(2/8)</p>	<p>14</p> <p>7 pm Date Night Dance Class for Couples Rumba & Salsa 8 pm Jazz</p>	<p>15</p> <p>10 am Ballet 11 am Contemporary</p>
<p>16</p> <p>1 pm Bronze Ballroom—(7/8) 2 pm NCD IV—(3/8)</p>	<p>17</p> <p>7 pm Silver Ballroom—(8/8) 7 pm Latin Club VIII—(2/8) 8 pm Latin Club IV—(2/8) 8 pm Night Club Perf—(6/8) 8:15 pm Gentle Yoga</p>	<p>18</p> <p>1 pm Zumba 6 pm Ballet 7 pm Latin Club VI—(1/8) 8 pm Latin Club I—(7/8)</p>	<p>19</p> <p>3 pm Tai Chi 6 pm Jazz 7 pm VW / PB / QS—(7/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Social Dance II—(1/8)</p>	<p>20</p> <p>6 pm Contemporary 7 pm Social Dance VII—(4/8) 7 pm Social Dance I—(3/8) 8 pm Latin Club I—(3/8)</p>	<p>21</p> <p>7 pm Ballet 8 pm Jazz</p>	<p>22</p> <p>10 am Ballet 11 am Contemporary</p>
<p>23</p> <p>1 pm Bronze Ballroom—(8/8) 2 pm NCD IV—(4/8)</p>	<p>24</p> <p>7 pm Silver Ballroom—(1/8) 7 pm Latin Club VIII—(3/8) 8 pm Latin Club IV—(3/8) 8 pm Night Club Perf—(7/8) 8:15 pm Gentle Yoga</p>	<p>25</p> <p>1 pm Zumba 6 pm Ballet 7 pm Latin Club VI—(2/8) 8 pm Latin Club I—(8/8)</p>	<p>26</p> <p>3 pm Tai Chi 6 pm Jazz 7 pm VW / PB / QS—(8/8) 7 pm Belly Dance 8 pm Hip Hop 8 pm Social Dance II—(2/8)</p>	<p>27</p> <p>6 pm Contemporary 7 pm Social Dance VII—(4/8) 7 pm Social Dance I—(3/8) 8 pm Latin Club I—(3/8)</p>	<p>28</p> <p>7 pm Date Night Dance Class for Couples Tango & Bachata 8 pm Jazz</p>	<p>29</p> <p>10 am Ballet 11 am Contemporary</p>

Event Space available for RENT

Group Courses:

8 weeks—\$175

(Early enrollment \$160—7+ Days Prior)

Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club Dance: Salsa Bachata Merengue

Night Club Dance: Samba Night Club 2 Step
Hustle West Coast Swing

Specialty: Chicago Step Viennese Waltz/QS/Peabody

*Pre-enrollment required.
Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is not necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Pre-enrollment is required for all classes. Classes not meeting minimum enrollment will be postponed.
Please enroll at least 48 hours prior to desired class by Calling or Texting 678-577-2823 or Emailing dance@artismotion.org

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$75

8 Classes—\$140 Unlimited—\$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.

(Passes do not carry over to the following calendar month)

Yoga — Mondays @ 8:15 pm

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Tai Chi — Wednesdays @ 3 pm

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

Zumba — Tuesdays @ 1 pm

Fun Fitness! Latin dance inspired interval style cardio workout going strong since 2001.

Ballet — Tuesdays, Fridays, Saturdays

Improve posture, balance and flexibly. Boost your confidence through the artistry and grace of ballet.

Contemporary — Thursdays, Saturdays

Express emotions through movement including exercises to increase flexibility, strength and body awareness.

Jazz — Wednesdays, Fridays

For dancers who enjoy physical challenges, precision, and expressing their personal style.

Belly Dance — Wednesdays @ 7 pm

An expressive dance class centered on building core strength, fluidity, and precision in movement.

Hip Hop — Wednesdays @ 8 pm

A dynamic dance class exploring rhythm, foundational techniques, and energetic movement.

Benefits

Anti aging—Dancing helps keep you both young at heart and well as physically. Dance benefits your cardiovascular system as it increases lung capacity. It builds strength and flexibility both mentally and physically.

Find your confidence and build self-esteem.

Express yourself through movement.

Aides with weight loss.

Improves coordination and posture.

Practice mindfulness and happiness.

Feel fulfillment.

You will meet more nice people with enthusiasm for life and fun than any other social activity.

Gain a solid understanding of the fundamentals of American Style **Cha Cha**, **Rumba**, **Swing** and **Foxtrot**. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor.



SOCIAL DANCE I

8 WEEK COURSE
THURSDAYS @ 7 PM
STARTING MARCH 6TH

\$175 INDIVIDUAL
\$350 COUPLE



LATIN CLUB DANCE I

8 WEEK COURSE
THURSDAYS @ 8 PM
STARTING MARCH 6TH

\$175 INDIVIDUAL
\$350 COUPLE

Gain a solid understanding of the essential fundamentals of **Salsa**, **Bachata** and **Merengue**. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!

ROSENDO FUMERO

SATURDAY & SUNDAY
MARCH 1ST & 2ND

Available for individual coaching and choreography!

\$185 PER SESSION
\$530 FOR 3 SESSIONS



Rosendo Fumero is a former undefeated 3-time United States American Smooth Champion, a United States 9-Dance American Style Champion, as well as an undefeated Ohio Star Ball Champion. He is a world class adjudicator, instructor and organizer of the Virginia State DanceSport Championships.