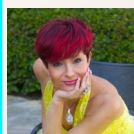


Dance with Champions!



Sunday October 20th

Kasia Kozak

Known for her spectacular technique and charisma on the dance floor as well as in the studio. Work on your skills and performance. Schedule today.

Ask your instructor to enroll: 678-577-2823

Art is Motion

October 2024

NOW ENROLLING

Beginner Classes

Latin Club Dance I—Mon 10/28 @ 7 pm

Salsa, Bachata & Merengue

Social Dance I—Thurs 10/17 @ 7 pm

Foxtrot, Swing, Rumba, Cha Cha

Please call or text 678-577-2823 or email dance@artismotion.org*

678-577-2823 | <https://ArtIsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 2 pm NCD I—(8/8) 3 pm Social Dance X—(3/8) 4 pm Latin Club I—(6/8)	30 7 pm Silver Ballroom—(2/8) 7 pm Latin Club V—(4/8) 8 pm Latin Club I—(4/8) 8 pm Night Club Perf—(1/8)	1 6 pm Latin Club III—(4/8) 7 pm Latin Club II—(4/8)	2 7 pm VW / PB / QS—(5/8) 7 pm Belly Dance—(1/4) 8 pm Adult Hip Hop—(1/4)	3 7 pm Social Dance IV—(5/8) 8 pm Social Dance II—(5/8)		
6 2 pm NCD II—(1/8) 3 pm Social Dance X—(4/8) 4 pm Latin Club I—(7/8)	7 7 pm Silver Ballroom—(3/8) 7 pm Latin Club V—(5/8) 8 pm Latin Club I—(5/8) 8 pm Night Club Perf—(2/8)	8 6 pm Latin Club III—(5/8) 7 pm Latin Club II—(5/8)	9 7 pm VW / PB / QS—(6/8) 7 pm Belly Dance—(2/4) 8 pm Adult Hip Hop—(2/4)	10 7 pm Social Dance IV—(6/8) 8 pm Social Dance II—(6/8)		12 1 pm Peabody Perf—(4/8)
13 1 pm Peabody Perf—(5/8) 2 pm NCD II—(2/8) 3 pm Social Dance X—(5/8) 4 pm Latin Club I—(8/8)	14 7 pm Silver Ballroom—(4/8) 7 pm Latin Club V—(6/8) 8 pm Latin Club I—(6/8) 8 pm Night Club Perf—(3/8)	15 6 pm Latin Club III—(6/8) 7 pm Latin Club II—(6/8)	16 7 pm VW / PB / QS—(7/8) 7 pm Belly Dance—(3/4) 8 pm Adult Hip Hop—(3/4)	17 NEW 7 pm Social Dance I—(1/8) 7 pm Social Dance IV—(7/8) 8 pm Social Dance II—(7/8)		
20 2 pm Cha Cha/Rumba 3 pm Swing 4 pm Latin Club II—(1/8) Kasia Kozak	21 7 pm Silver Ballroom—(5/8) 7 pm Latin Club V—(7/8) 8 pm Latin Club I—(7/8) 8 pm Night Club Perf—(4/8)	22 6 pm Latin Club III—(7/8) 7 pm Latin Club II—(7/8)	23 No VW / PB / QS No Belly Dance No Hip Hop Classes	24 7 pm Social Dance I—(2/8) 7 pm Social Dance IV—(8/8) 8 pm Social Dance II—(8/8)	 25 Beastly Ball Dance Social 8:30 pm—10:30 pm only \$25!	26
27 2 pm NCD II—(3/8) 3 pm Social Dance X—(6/8) 4 pm Latin Club II—(2/8)	28 NEW 7 pm Silver Ballroom—(6/8) 7 pm Latin Club V—(8/8) 7 pm Latin Club I—(8/8) 8 pm Night Club Perf—(5/8)	29 6 pm Latin Club III—(8/8) 7 pm Latin Club II—(8/8)	30 7 pm VW / PB / QS—(8/8) 7 pm Belly Dance—(4/4) 8 pm Adult Hip Hop—(4/4)	31 7 pm Social Dance I—(3/8) 7 pm Social Dance V—(1/8)		

Now Enrolling:

Tai Chi

Gentle Yoga

Hip Hop

Belly Dance

Happy Hour Dance



Friday, October 25th
8:30 pm—10:30 pm

Only 25!

Group Courses:

8 weeks—\$175

(Early enrollment \$160—7 Days Prior)

Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club Dance: Salsa Bachata Merengue

Night Club Dance: Samba Night Club 2 Step
Hustle West Coast Swing

Specialty: Chicago Step Viennese Waltz/QS/Peabody

***Pre-enrollment required.**
Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not** necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Please enroll for all classes in advance. Classes not meeting minimum enrollment will be postponed.

Please call or text 678-577-2823 or email dance@artismotion.org

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$75

8 Classes—\$140 Unlimited—\$185

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.

(Passes do not carry over to the following calendar month)

Belly Dance — Wednesdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow

Adult Hip Hop — Wednesdays @ 8 pm

Let loose and find your groove. Vibe to some recent hits and old jams.

Yoga & Tai Chi — Wednesdays @ 8 pm (Enrolling for September)

Enjoy practicing slow paced, gentle movements to restore the body, calm the mind, relax, increase your flexibility, & control your thoughts.

Leave rejuvenated & peaceful.



Happy Hour Dance Class — Fridays @ 6 pm (Coming October)

Skip traffic, meet new friends, learn cool dances moves.



Kasia Kozak

Known for her spectacular technique and charisma on the dance floor as well as in the studio. Work on your skills and performance. Schedule today.

Ask your instructor to enroll: 678-577-2823

Sunday, October 20th

Special Workshops:

2 pm Rumba & Cha Cha Rhythm Technique

3 pm Swing Technique

Please pre-enroll for your workshops ASAP!

Private Coachings available

Social Dance I

Thursdays @ 7 pm

Starting October 17th



Gain a solid understanding of the fundamentals of American Style **Cha Cha, Rumba, Swing and Foxtrot**. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor.

Latin Club Dance I

Mondays @ 7 pm

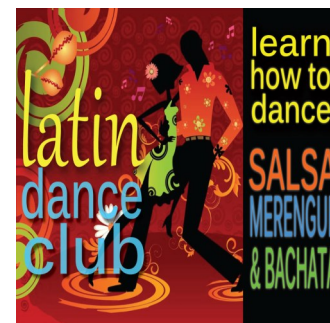
Starting October 28th

&

Sundays @ 5 pm

Starting November 10th

Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue**. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!



Beastly Ball

Costume Contest, Dance, Ghoulish Delights & Prizes!

8:30 pm

10:30 pm

\$25 Oct 25th



Join us for Halloween Festivities and socialization and dance! Practice your dance moves; meet and make new friends; express yourself! Everyone welcome! Open to the public! Newcomer friendly!

Costume Contest

Prizes

Refreshments