

Beginner Classes

Social Dance I—Mons / Thurs, Sept 7th & 11th
@ 7 pm
Foxtrot, Swing, Rumba, Cha Cha

Latin Club I—Tuesdays, September 12th
@ 7 pm
Salsa, Bachata, Merengue

***Please enroll for all classes in advance.
Classes not meeting the minimum enrollment will
be postponed***

Art is Motion

August 2023

Beginner Classes

Country 2-Step I—Sundays
@ 3 pm

West Coast Swing I—Wednesdays
@ 7 pm

**Please call or text 678-577-2823 or email
dance@artismotion.org***

678-577-2823 | <https://ArtIsMotion.org> | 4965 Lanier Islands Pkwy #102, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1 8 am Gentle Yoga	2	3 8 am Gentle Yoga	4	5
	6:30 pm Social Dance I-(6/8)	8 pm Latin Club II-(5/8)	West Coast Swing September	7 pm Bronze Ballroom-(6/8)	4 pm Kids Dance—(1/4)	
6	7	8 8 am Gentle Yoga	9	10 8 am Gentle Yoga	11	12
Country 2-Step September	7 pm Social Dance I-(7/8)	8 pm Latin Club II-(6/8)		7 pm Bronze Ballroom-(7/8)	NO KIDS CLASS	
13	14	15 8 am Gentle Yoga	16	17 8 am Gentle Yoga	18	19
	7 pm Social Dance I-(8/8)	8 pm Latin Club II-(7/8)	6 pm Burlesque 7 pm K Pop / Hip Hop	7 pm Bronze Ballroom-(8/8) (Resumes September 7th)	4 pm Kids Dance—(2/4)	
20	21	22 8 am Gentle Yoga	23	24 8 am Gentle Yoga	4 pm Kids Dance—(3/4)	26
	Now Enrolling for Social Dance I Mondays @ 7 pm starting September 11th	8 pm Latin Club II-(8/8)	6 pm Burlesque 7 pm K Pop / Hip Hop	Now Enrolling for Social Dance I Thursdays @ 7 pm starting September 7th	Tooga Garden Party NORCROSS 8 pm Line Dance Class 8:30 pm—10:30 pm	Tooga Garden Party NORCROSS
27	28	29 8 am Gentle Yoga	30	31 8 am Gentle Yoga	1	2
		8 pm Latin Club III-(1/8)	6 pm Burlesque 7 pm K Pop / Hip Hop		4 pm Kids Dance—(4/4)	

Now Enrolling:

Country 2-Step I — Sundays
Gentle Yoga — Tuesdays & Thursdays
Social Dance I — Tuesdays / Thursdays
Latin Club Dance I — Tuesdays / Thursdays
K Pop / Hip Hop — Wednesdays
Burlesque — Wednesdays
West Coast Swing I — Wednesdays
Kids Dance — Fridays



Tooga Garden Party

NORCROSS

Friday, August 25th

8 pm Line Dance
8:30 —10:30 pm Party!
\$30

Feel free to BYOB!

Group Courses:

8 weeks—\$160

(Early enrollment \$148—7 or more days PRIOR)

Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club: Salsa Bachata Merengue

Specialty: WC Swing/Hustle Samba Viennese
Waltz/Quickstep

***Please enroll for all classes in advance.
Classes not meeting the minimum enrollment
will be postponed***

Group courses will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

"Specializing in Left Feet"

Please enroll for all classes in advance. Classes not meeting minimum enrollment will be postponed.

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Gentle Yoga

Tuesdays & Thursdays @ 8 am

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.



Burlesque —Wednesdays @ 6 pm

Spice up your routine and bring your most daring self to life!

This class utilizes theatrical jazz techniques to teach the art of sensuality.



K-Pop/ Hip Hop —Wednesdays @ 7 pm

Born from 90's Hip Hop, Kpop today has taken the western world by storm.

This class teaches famous Kpop choreography so you can dance like your favorites.



Kids Dance —Fridays @ 4 pm

Hip Hop, Jazz and Creative movement mixture. Learn fun & trendy dance steps.



Social Dance I

Mondays or Thursdays at 7 pm

September 7th & 11th

(enroll by August 31st and save \$12)

Gain a solid understanding of the fundamentals of American Style **Cha Cha, Rumba, Swing and Foxtrot**. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor.

Latin Club Dance

Tuesdays at 7 pm

September 12th

(enroll by the 5th and save \$12)



Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue**. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!

Country Two Step

Now Enrolling for Sunday September 10th

(enroll by August 3rd and save \$12)



Two Step, also known as Country Two or Texas Two, is the definitive dance in the country western dance world. It is a progressive dance that travels counter clockwise around any dancehall, barn or outdoor gathering. Spins for cowboys and cowgirls add to the fun of this boot scootin' classic!



West Coast Swing

Now Enrolling for Wednesday September 6th

(enroll by August 30th and save \$12)



West Coast Swing originally derived from Lindy Hop and designed to accommodate slower music tempos has a distinctive elastic look that results from its basic extension-compression technique of partner connection, and is danced in a slot.

***Pre-enrollment required for all classes.
Please call or text 678-577-2823 or email dance@artismotion.org***

Monthly Theme Parties (NORCROSS)

FREE LINE DANCE CLASS @ 8 PM

8:30 pm—10:30 pm PARTY! \$30

Open to the public. Singles, couples and all ages are welcome. Our AIM staff is in attendance to assist and participate. We take pride in providing a warm and friendly atmosphere for everyone to enjoy. No partner. No Problem. Many of our students attend our parties without a partner and dance the night away making new friends. Please feel free to BYOB.

Toga Garden Party — Friday, August 25th

Friendsgiving Feast Potluck — Friday, November 17th

Ghosts, Goblins & Gargoyles Gala — Saturday, October 28th

CasiNo RoYalE NYE Celebration — Saturday, December 29th

Purchase your tickets at least 2 weeks early to save \$10