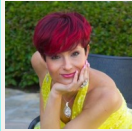


## Dance with Champions!



Sunday October 20th

Kasia Kozak

Known for her spectacular technique and charisma on the dance floor as well as in the studio. Work on your skills and performance. Schedule today.

Ask your instructor to enroll: 678-577-2823

# Art is Motion

## September 2024

NOW ENROLLING

## Beginner Classes

Latin Club Dance I—Mondays @ 8 pm  
Salsa, Bachata & Merengue

Social Dance I—Thursdays @ 7 pm  
Foxtrot, Swing, Rumba, Cha Cha

Please call or text 678-577-2823 or email [dance@artismotion.org](mailto:dance@artismotion.org)\*

678-577-2823 | <https://ArtIsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>2 pm NCD I—(4/8) 3 pm Social Dance IX—(7/8) 5 pm Latin Club I—(2/8)</p>	<p>2</p> <p>CLOSED</p>	<p>3</p> <p>6 pm Latin Club II—(8/8) 7 pm Latin Club I—(8/8)</p>	<p>4</p> <p>7 pm VW &amp; QS—(1/8) 7 pm Belly Dance—(1/4) 8 pm Adult Hip Hop—(1/4)</p>	<p>5</p> <p>7 pm Chicago Step I—(7/8) 7 pm Social Dance IV—(1/8) 8 pm Social Dance II—(1/8)</p>	<p>6</p> <p>Dance Social 8:30 pm—10:30 pm only \$25!</p>	<p>7</p>
<p>8</p> <p>2 pm NCD I—(5/8) 3 pm Social Dance IX—(8/8) 5 pm Latin Club I—(3/8)</p>	<p>9</p> <p>7 pm Silver Ballroom—(7/8) 7 pm Latin Club V—(1/8) 8 pm Latin Club I—(1/8) 8 pm Night Club Perf—(6/8)</p>	<p>10</p> <p>6 pm Latin Club III—(1/8) 7 pm Latin Club II—(1/8)</p>	<p>11</p> <p>7 pm VW &amp; QS—(2/8) 7 pm Belly Dance—(2/4) 8 pm Adult Hip Hop—(2/4)</p>	<p>12</p> <p>7 pm Chicago Step I—(8/8) 7 pm Social Dance IV—(2/8) 8 pm Social Dance II—(2/8)</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>2 pm NCD I—(6/8) 3 pm Social Dance X—(1/8) 5 pm Latin Club I—(4/8)</p>	<p>16</p> <p>7 pm Silver Ballroom—(8/8) 7 pm Latin Club V—(2/8) 8 pm Latin Club I—(2/8) 8 pm Night Club Perf—(7/8)</p>	<p>17</p> <p>6 pm Latin Club III—(2/8) 7 pm Latin Club II—(2/8)</p>	<p>18</p> <p>7 pm VW &amp; QS—(3/8) 7 pm Belly Dance—(3/4) 8 pm Adult Hip Hop—(3/4)</p>	<p>19</p> <p>7 pm Social Dance IV—(3/8) 8 pm Social Dance II—(3/8)</p>	<p>20</p>	<p>21</p>
<p>22</p> <p>2 pm NCD I—(7/8) 3 pm Social Dance X—(2/8) 5 pm Latin Club I—(5/8)</p>	<p>23</p> <p>7 pm Silver Ballroom—(1/8) 7 pm Latin Club V—(3/8) 8 pm Latin Club I—(3/8) 8 pm Night Club Perf—(8/8)</p>	<p>24</p> <p>6 pm Latin Club III—(3/8) 7 pm Latin Club II—(3/8)</p>	<p>25</p> <p>7 pm VW &amp; QS—(4/8) 7 pm Belly Dance—(4/4) 8 pm Adult Hip Hop—(4/4)</p>	<p>26</p> <p>7 pm Social Dance I—(1/8) 7 pm Social Dance IV—(4/8) 8 pm Social Dance II—(4/8)</p>	<p>27</p>	
<p>29</p> <p>2 pm NCD I—(8/8) 3 pm Social Dance X—(3/8) 5 pm Latin Club I—(6/8)</p>	<p>30</p> <p>7 pm Silver Ballroom—(2/8) 7 pm Latin Club V—(4/8) 8 pm Latin Club I—(4/8) 8 pm Night Club Perf—(1/8)</p>	<p>1</p> <p>6 pm Latin Club III—(4/8) 7 pm Latin Club II—(4/8)</p>	<p>2</p> <p>7 pm VW &amp; QS—(5/8) 7 pm Belly Dance—(1/4) 8 pm Adult Hip Hop—(1/4)</p>	<p>3</p> <p>7 pm Social Dance I—(2/8) 7 pm Social Dance IV—(5/8) 8 pm Social Dance II—(5/8)</p>	<p>4</p>	

## Now Enrolling:

Tai Chi

Gentle Yoga

Hip Hop

Belly Dance

Happy Hour Dance

# Summer Soiree

Friday, September 6  
8:30 pm—10:30 pm

Tickets on sale now 25!

## Group Courses:

8 weeks—\$175

(Early enrollment \$160—7 Days Prior)

Series Class drop in - \$25

**Social Dance:** Foxtrot Rumba Cha Cha  
Swing Tango Waltz

**Latin Club Dance:** Salsa Bachata Merengue

**Night Club Dance:** Samba Night Club 2 Step  
Hustle West Coast Swing

**Specialty:** Chicago Step Viennese Waltz/QS/Peabody

**\*Pre-enrollment required.**  
Classes not meeting the minimum will be postponed\*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not** necessary to bring your own partner, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

*"Specializing in Left Feet"*

HALLOWINE PARTY  
Saturday  
6:30P  
8:30P  
\$25  
5 OCT  
WINE, FUN, DANCE & LIGHT REFRESHMENTS  
4965 LANIER ISLANDS PARKWAY  
SUITE 102  
BUTLORD, GA 30518

**\*Please enroll for all classes in advance. Classes not meeting minimum enrollment will be postponed.\***  
 Please call or text 678-577-2823 or email [dance@artismotion.org](mailto:dance@artismotion.org)

**Monthly Pass Classes:**

1 Class—\$25    4 Classes—\$75  
 8 Classes—\$140    Unlimited—\$185

All classes in blue on the calendar are included in the passes  
 Passes are valid for the month therein purchased.  
 (Passes do not carry over to the following calendar month)

**Belly Dance — Wednesdays @ 7 pm**

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow

**Adult Hip Hop — Wednesdays @ 8 pm**

Let loose and find your groove. Vibe to some recent hits and old jams.

**Yoga & Tai Chi — Wednesdays @ 8 pm** (Enrolling for September)

Enjoy practicing slow paced, gentle movements to restore the body, calm the mind, relax, increase your flexibility, & control your thoughts.  
 Leave rejuvenated & peaceful.



**Happy Hour Dance Class — Fridays @ 6 pm** (Coming October)

Skip traffic, meet new friends, learn cool dances moves.



**Social Dance I**

**Thursdays @ 7 pm**  
 Starting September 26th



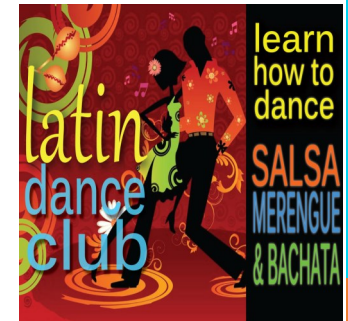
Gain a solid understanding of the fundamentals of American Style **Cha Cha, Rumba, Swing and Foxtrot**. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor.

**Latin Club Dance I**

**Sundays @ 5 pm**  
 Starting August 25th

&  
**Mondays @ 8 pm**  
 Starting September 9th

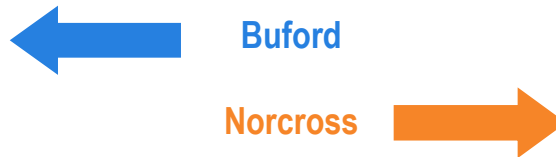
Gain a solid understanding of the essential fundamentals of **Salsa, Bachata and Merengue**. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!



**HALLO-WINE PARTY**  
 Saturday  
 6:30P - 8:30P  
 \$25  
 5 OCT  
 WINE, FUN, DANCE & LIGHT REFRESHMENTS



**Upcoming Dance Socials**



Join us for seasonal festivities and socialization and dance!  
 Practice your dance moves; meet and make new friends; express yourself!  
 Everyone welcome! Open to the public! Newcomer friendly!

**Beastly Ball**  
 Costume Contest, Dance, Ghoulish Delights & Prizes!  
 8:30 pm - 10:30 pm  
 \$25 Oct 25th