Friendly Friday Shindig Guest Event April 14 **Buford Studio**

Newcomers' Class: 8 pm-9 pm Dance Social: 9 pm-10 pm



Beginner Classes

Latin Club Dance I—5/3 @ 7 pm Salsa, Bachata, Merengue

Social Dance I—5/4 @ 7 pm Foxtrot, Swing, Rumba, Cha Cha

Now Enrolling:

Kids Dance

Tai Chi **Adult Ballet Gentle Yoga Adult Hip Hop**

Belly Dance

Time Warp NORCROSS April 29th 6: 30pm-10 pm

Tickets purchased after 4/13: \$30 4/29: \$35

Group Courses:

8 weeks—\$160

(Early enrollment \$148 — 7 Days Prior) Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha

Swing Tango Waltz

<u>Latin Club</u>: Salsa Bachata Merengue

Specialty: WC Swing/Hustle Samba Viennese Waltz/Quickstep

Pre-enrollment required. Classes not meeting the minimum will be postponed

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is not necessary to bring your own partner, as participants rotate

"Specializing in Left Feet"

678-577-2823 | https://ArtlsMotion.org | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 6 pm Ladies Night—(13/16) 7 pm Samba Perf—(6/8) 7 pm Latin Club X—(3/8) 8 pm Latin Club VIII—(7/8) 8 pm Silver Ballroom-(8/8) 9 pm Tai Chi		7 pm VW & QS—(5/8) 8 pm Latin Club I—(6/8)	6 pm Bronze Ballroom-(1/8) 7 pm Latin Club III—(8/8) 7 pm Yoga Flow 7 pm NO BELLY DANCE 8 pm Adult Hip Hop—(1/4) 8 pm Social Dance IV—(1/8)	,7	8
4 pm Social Dance II—(4/8)	10 6 pm Ladies Night—(14/16) 7 pm Samba Perf—(7/8) 7 pm Latin Club X—(4/8) 8 pm Latin Club VIII—(8/8) 8 pm Silver Ballroom-(1/8) 9 pm Tai Chi	5 pm Kids Dance 6 pm Gentle Yoga 7 pm Adult Ballet	7 pm VW & QS—(⁶ / ₈) 8 pm Latin Club I—(⁷ / ₈)	6 pm Bronze Ballroom-(2/8) 7 pm Yoga Flow 7 pm Belly Dance—(1/2) 8 pm Adult Hip Hop—(1/2) 8 pm Social Dance IV—(2/8)	Friendly Friday Shindig Buford Studio 8 pm-10 pm	Sock Hop Perimeter Church 7:45 —9:30 pm
4 pm Social Dance II—(5/8)	17 6 pm Ladies Night—(15/16) 7 pm Samba Perf—(8/8) 7 pm Latin Club X—(5/8) 8 pm Latin Club IX—(1/8) 8 pm Silver Ballroom-(2/8) 9 pm Tai Chi	18 5 pm Kids Dance 6 pm Gentle Yoga 7 pm Adult Ballet	7 pm VW & QS—(⁷ / ₈) 8 pm Latin Club I—(⁸ / ₈) 8 pm Gentle Yoga	20 6 pm Bronze Ballroom-(3/8) 7 pm Yoga Flow 7 pm Belly Dance—(2/2) 8 pm Adult Hip Hop—(2/2) 8 pm Social Dance IV—(3/8)	8 pm Bid & Boogie! \$25 ALZHEIMER'S FUNDRAISER EVENT	22
Hilarity for Charity \$50 Alpharetta, GA ALZHEIMER'S FUNDARISER EVENT	24 6 pm Ladies Night—(16/16) 7 pm Samba Perf—(1/8) 7 pm Latin Club X—(6/8) 8 pm Latin Club IX—(2/8) 8 pm Silver Ballroom-(3/8) 9 pm Tai Chi	25	26	27 7 pm Yoga Flow NO Bronze Ballroom, Social Dance IV, Belly Dance, Hip Hop	28	Cort As Protion THE BUT TO THE PROPERTY OF TH
FUNDARISER EVENT	7 pm Samba Perf—(2/8) 7 pm Latin Club X—(7/8) 8 pm Latin Club IX—(3/8) 8 pm Silver Ballroom-(4/8) 9 pm Tai Chi		8 pm Latin Club II—(2/8)	4 6 pm Bronze Ballroom-(4/8) 7 pm Social Dance I—(1/8) 7 pm Yoga Flow 7 pm Belly Dance—(1/4) 8 pm Social Dance IV—(4/8) 8 pm Adult Hip Hop—(1/4)	alzheimer's (3) association dancing star Htlar	rs 📕 💆 💮

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Yoga — Wednesdays @ 8 pm | Thursdays @ 7 pm

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.



Tai Chi — Mondays @ 9 pm

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

Kids Dance — COMING SOON

Hip Hop, Jazz and Creative movement mixture. Learn fun & trendy dance steps



Adult Ballet —COMING SOON

Learn the basics of dance & work on stature and poise.

Belly Dance —Thursdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow

Hip Hop —Thursdays @ 8 pm

Let loose and find your groove. Vibe to some recent hits and old jams.

Latin Club Dance I —NOW ENROLLING for May 3rd

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!



Social Dance I —NOW ENROLLING for May 4th

Learn the core essential basics of Rumba, Cha Cha, Swing & Foxtrot.



Perimeter Sock Hop Saturday, April 15th

7:45 pm—9:30 pm \$10

Join your AIM instructors and fellow dance students for a night of dancing! Come out and practice your skills! Class at 7:45 pm (newcomers and experienced classes) Dance party: 8:30—10 pm

Catch a performance by Winston & Tanya as well!



Latin Club Dance I

Wednesdays @ 7 pm May 3rd (enroll early and save \$12)



Gain a solid understanding of the essential fundamentals of Salsa,

Bachata and Merengue. Learning to move to this upbeat, feel good music is a great
way to connect with others and get some fun cardio. Great for beginners!



Social Dance I

Thursdays @ 7 pm May 4th (enroll early and save \$12)

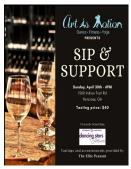
Gain a solid understanding of the fundamentals of American Style Cha Cha, Rumba, Swing and Foxtrot. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor.



Bid & Boogie! silent auction/dance Norcross Studio Friday, April 21st 8 pm—10 pm \$25



Hilarity for Charity comedy show Up On The Roof, Alpharetta Sunday, April 23rd 5:30 pm—7 pm \$50



Sip & Support
wine & accoutrements
Norcross Studio
Sunday, April 30th
6 pm—7:30pm
\$40

Show your support for your very own Tamaiko Chappell & Winston Miller as they participate in the Dancing Stars of Atlanta benefiting the Alzheimer's Association. All proceeds will benefit the Alzheimer's Association for the research, awareness and finding a cure!



Time Warp Dancin' Through the Decades Showcase 4.29.23

Doors open at 6:30 Show starts at 7 pm General Admission April 14th-April 28th: \$30 April 29th: \$35

Dance show & after party!!