

Dance Socials

Every 2nd Friday in Buford!
8 pm—10 pm

Last Friday in Norcross!
8:30 pm—10:30 pm

Art is Motion

September 2022



Hawaii Star Ball

September 21–25

GOOD LUCK:

Tailee Tucker
Tamaiko Chappell
Bob Barrentine

Beverly Woodburn
Robinette Wernz
Larry Stine

& their instructors Tanya & Winston!!

New Classes Now Enrolling:

Thurs, 9/1 @ 7 pm— Belly Dance

Tues, 9/6 @ 6 pm— Adult Ballet

Fri, 9/9 @ 7 pm— Ladies Heels

Thurs, 9/15 @ 7 pm— Social Dance I

Thurs, 9/15 @ 8 pm— Latin Club Dance I

Sun, 9/18 @ 2 pm— Social Dance I

Sun, 9/18 @ 3 pm— Latin Club Dance I

678-577-2823 | <http://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|--|---|-----|
| 28 | 29 7 pm Samba XVIII—(2/8) 7 pm Latin Club VI—(4/8) 8 pm Latin Club IV—(8/8) 8 pm Silver Ballroom—(2/8) 9 pm Tai Chi | 30 6 pm Adult Ballet—(5/5) 7 pm Yoga Core 8 pm Latin Club I—(6/8) | 31 6 pm Kids Jazz 7 pm Kids Hip Hop 8 pm Kids Musical Theater 7 pm VW & QS—(3/8) 7 pm Social Dance VI—(2/8) 8 pm Gentle Yoga | 1 6 pm Yoga Flow 7 pm Belly Dance—(1/5) 7 pm Bronze Ballroom—(4/8) | 2 | 3 |
| 4 | 5 7 pm Samba XVIII—(3/8) 7 pm Latin Club VI—(5/8) 8 pm Latin Club V—(1/8) 8 pm Silver Ballroom—(3/8) | 6 6 pm Adult Ballet—(1/4) 7 pm Yoga Core 8 pm Latin Club I—(7/8) | 7 6 pm Kids Jazz 7 pm Kids Hip Hop 8 pm Kids Musical Theater 7 pm VW & QS—(4/8) 7 pm Social Dance VI—(3/8) 8 pm Gentle Yoga | 8 6 pm Yoga Flow 7 pm Belly Dance—(2/5) 7 pm Bronze Ballroom—(5/8) | 9 8–10 pm Buford Dance Social (\$30) 7 pm Ladies Heels—(1/4) | 10 |
| 11 | 12 7 pm Samba XVIII—(4/8) 7 pm Latin Club VI—(6/8) 8 pm Latin Club V—(2/8) 8 pm Silver Ballroom—(4/8) 9 pm Tai Chi | 13 6 pm Adult Ballet—(2/4) 7 pm Yoga Core 8 pm Latin Club I—(8/8) | 14 6 pm Kids Jazz 7 pm Kids Hip Hop 8 pm Kids Musical Theater 7 pm VW & QS—(5/8) 7 pm Social Dance VI—(4/8) 8 pm Gentle Yoga | 15 6 pm Yoga Flow 7 pm Belly Dance—(3/5) 7 pm Bronze Ballroom—(6/8) 7 pm Social Dance I—(1/8) 8 pm Latin Club I—(1/8) | 16 NEW 8 pm Ladies Heels—(2/4) | 17 |
| 18 NEW 2 pm Social Dance I—(1/8) 3 pm Latin Club I—(1/8) 6-7:30 pm Yoga & Wine YOGA & Wine | 19 7 pm Samba XVIII—(5/8) 7 pm Latin Club VI—(7/8) 8 pm Latin Club V—(3/8) 8 pm Silver Ballroom—(5/8) 9 pm Tai Chi | 20 6 pm Adult Ballet—(3/4) 7 pm Yoga Core 8 pm Latin Club II—(1/8) | 21 6 pm Kids Jazz 7 pm Kids Hip Hop 8 pm Kids Musical Theater 7 pm VW & QS—(6/8) 7 pm Social Dance VI—(5/8) 8 pm Gentle Yoga | 22 6 pm Yoga Flow 7 pm Belly Dance—(5/5) 7 pm Bronze Ballroom—(7/8) 7 pm Social Dance I—(2/8) 8 pm Latin Club I—(2/8) | 23 8 pm Ladies Heels—(3/4) | 24 |
| 25 2 pm Social Dance I—(2/8) 3 pm Latin Club I—(2/8) | 26 7 pm Samba XVIII—(6/8) 7 pm Latin Club VI—(8/8) 8 pm Latin Club V—(4/8) 8 pm Silver Ballroom—(6/8) 9 pm Tai Chi | 27 6 pm Adult Ballet—(4/4) 7 pm Yoga Core 8 pm Latin Club II—(2/8) | 28 6 pm Kids Jazz 7 pm Kids Hip Hop 8 pm Kids Musical Theater 7 pm VW & QS—(7/8) 7 pm Social Dance VI—(6/8) 8 pm Gentle Yoga | 29 6 pm Yoga Flow 7 pm Belly Dance—(5/5) 7 pm Bronze Ballroom—(8/8) 7 pm Social Dance I—(3/8) 8 pm Latin Club I—(3/8) | 30 7 pm Ladies Heels—(4/4) 8:30-10:30 pm Dance Social (\$30) | 1 |



Dance Socials

Buford Location Norcross Location

Friday, 9/9 Friday, 9/26
8:00—10:00 pm 8:30—10:30 pm

Dance Party \$30

See you there!

Group Courses:

8 weeks—\$160

(Early enrollment \$148)

4 weeks—\$80 | 5 weeks—\$100

(Early enrollment \$60 | Early enrollment \$75)

Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club: Salsa Bachata Merengue

Specialty: WC Swing/Hustle Samba
Viennese Waltz/Quickstep

*Pre-enrollment required.

Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1

"Specializing in Left Feet"

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Yoga — Tuesdays @ 7 pm | Wednesdays @ 8 pm | Thursdays @ 6 pm

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Tai Chi — Mondays @ 9 pm

Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

Latin Club Dance I — Now Enrolling for Sundays or Thursdays

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Social Dance I — Now Enrolling for Sundays or Thursdays

Learn the core essential basics of Rumba, Cha Cha, Swing & Foxtrot.

NEW

Ballet — Tuesdays @ 6 pm

Gain poise, coordination and grace while learning the foundations of movement & posture.

Kids Jazz — Wednesdays @ 6 pm

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Kids Hip Hop — Wednesdays @ 7 pm

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Musical Theater — Wednesdays @ 8 pm

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Belly Dance — Thursdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow

Ladies Heels — Fridays @ 7 or 8 pm

Find your inner Goddess, build confidence & feel amazing!



YOGA & Wine

Yoga & Wine

Sunday, September 18th

6 pm—7:30 pm (\$30)

Join us for a peaceful, relaxing evening with some hatha flow yoga, followed by a lovely wine tasting with accoutrements.

Social Dance I

Sunday or Thursdays

(enroll early and save \$12)



Gain a solid understanding of the fundamentals of American Style Cha Cha, Rumba, Swing and Foxtrot. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor. Great for beginners!



Latin Club Dance I

Sunday or Thursdays

(enroll early and save \$12)

Gain a solid understanding of the essential fundamentals of Salsa, Bachata and Merengue. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!



Dance Socials

Buford Location
Friday, September 9th
8:00—10:00 pm

Norcross Location
Friday, September 30th
8:30—10:30 pm

Come dance the night away! Enjoy socializing, dancing, and unwinding with your favorite neighborhood studio.

\$30 (or \$20 for 1 hour)