

Dance Socials

Every 2nd Friday in Buford!
8 pm—10 pm

Last Friday in Norcross!
8:30 pm—10:30 pm

Art is Motion

September 2022



Hawaii Star Ball

September 21–25

GOOD LUCK:

Tailee Tucker Beverly Woodburn
Tamaiko Chappell Robinette Wernz
Bob Barrentine Larry Stine

& their instructors Tanya & Winston!!

New Classes Now Enrolling:

Tues, 9/13 @ 7 pm— Latin Club Dance I

Sun, 9/18 @ 2 pm— Social Dance I

Coming Soon!

Belly Dance

Adult Ballet

Ladies Heels

Kids Jazz, Hip Hop & Ballet



Dance Socials

Buford Location Norcross Location
Friday, 9/9 Friday, 9/26
8:00—10:00 pm 8:30—10:30 pm

Dance Party \$30

See you there!

Group Courses:

8 weeks—\$160

(Early enrollment \$148)

4 weeks—\$80 | 5 weeks—\$100

(Early enrollment \$60 | Early enrollment \$75)

Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club: Salsa Bachata Merengue

Specialty: WC Swing/Hustle Samba
Viennese Waltz/Quickstep

*Pre-enrollment required.

Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1

"Specializing in Left Feet"

678-577-2823 | <http://ArtsMotion.org> | 4965 Lanier Islands Pkwy #102, Buford, GA 30518

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30 <small>8 am Gentle Yoga</small> 7 pm Latin Club III—(1/8) 8 pm Social Dance III-	31 7 pm Social Dance I—(5/8)	1 <small>8 am Gentle Yoga</small>  7 pm Social Dance V—(2/8) 8 pm LCD Performance—(4/16)	2	3
4	5	6 <small>8 am Gentle Yoga</small> 7 pm Latin Club III—(2/8) 8 pm Social Dance III-	7 7 pm Social Dance I—(6/8)	8 <small>8 am Gentle Yoga</small> 7 pm Social Dance V—(3/8) 8 pm LCD Performance—(5/16)	9  8—10 pm Buford Dance Social (\$30)	10
11	12 	13 <small>8 am Gentle Yoga</small>  NEW 7 pm Latin Club I—(1/8) 7 pm Latin Club III—(3/8) 8 pm Social Dance III—(3/8)	14 7 pm Social Dance I—(7/8)	15 <small>8 am Gentle Yoga</small> 7 pm Social Dance V—(4/8) 8 pm LCD Performance—(6/16)	16	17
18  NEW 2 pm Social Dance I—(1/8)	19	20 <small>8 am Gentle Yoga</small> 7 pm Latin Club I—(2/8) 7 pm Latin Club III—(4/8) 8 pm Social Dance III—(4/8)	21 7 pm Social Dance I—(8/8)	22 <small>8 am Gentle Yoga</small>  7 pm Social Dance V—(5/8) 8 pm LCD Performance—(7/16)	23	24
25 2 pm Social Dance I—(2/8)	26	27 <small>8 am Gentle Yoga</small>  7 pm Latin Club I—(3/8) 7 pm Latin Club III—(5/8) 8 pm Social Dance III-	28 7 pm Social Dance II—(1/8)	29 <small>8 am Gentle Yoga</small> 7 pm Social Dance V—(6/8) 8 pm LCD Performance—(4/16)	30  8:30-10:30 pm Norcross Dance Social (\$30)	1

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Gentle Yoga

Tuesdays & Thursdays @ 8:30 am

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Latin Club Dance I —Now Enrolling for Tuesdays

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Social Dance I —Now Enrolling for Sundays

Learn the core essential basics of Rumba, Cha Cha, Swing & Foxtrot.

Adult Ballet—TBD

Gain poise, coordination and grace while learning the foundations of movement & posture.

Kids Jazz —TBD

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Kids Hip Hop —TBD

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Kids Ballet —TBD

Gain poise, coordination and grace while learning the foundations of movement & posture.

Belly Dance —TBD

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow

Ladies Heels — TBD

Find your inner Goddess, build confidence & feel amazing!



YOGA & Wine

Yoga & Wine

Sunday, September 18th
NORCROSS 6 pm—7:30 pm (\$30)

Join us for a peaceful, relaxing evening with some hatha flow yoga, followed by a lovely wine tasting with accoutrements.

Social Dance I

Sundays
(enroll early and save \$12)



Gain a solid understanding of the fundamentals of American Style Cha Cha, Rumba, Swing and Foxtrot. Learn the essential basics for social events, weddings, cruises and holiday parties. Feel comfortable and at ease navigating the dance floor. Great for beginners!



Latin Club Dance I

Tuesdays
(enroll early and save \$12)

Gain a solid understanding of the essential fundamentals of Salsa, Bachata and Merengue. Learning to move to this upbeat, feel good music is a great way to connect with others and get some fun cardio. Great for beginners!



Dance Socials

Buford Location
Friday, September 9th
8:00—10:00 pm

Norcross Location
Friday, September 30th
8:30—10:30 pm

Come dance the night away! Enjoy socializing, dancing, and unwinding with your favorite neighborhood studio.
\$30 (or \$20 for 1 hour)