

Glitter & Gold Showcase

Saturday, June 4th



Tickets are on sale now!
Get yours today!
\$30

Art is Motion

June 2022



Workshops all
through the
month of June!
Come out & learn more
about your craft!

Events:

- Saturday, June 4th @ 7 pm—Glitter & Gold Showcase (\$30)
- Saturday, June 11th @ 3 pm—Salsa/Merengue/Bachata (\$30)
- Sunday, June 12th @ 6 pm—Yoga & Sound Healing (\$30)
- Thursday, June 16th @ 8 pm—Styling & Technique (\$30)
- Saturday, June 18th @ 2 pm—Belly Dance (\$30)
- Tuesday, June 21st @ 8 pm—Social Dance (\$30)
- Friday, June 24th @ 6 pm—Kids Ballet & Jazz (\$20)
- Friday, June 24th @ 7 pm—Musical Theatre (\$20)
- Friday, June 24th @ 8 pm—Adult Afrobeats (\$20)
- Sunday, June 26th @ 5 pm—Waltz & Tango (\$30)

678-577-2823 | <http://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 6:30 pm Gentle Yoga 7:30 pm Tai Chi	30 6 pm Yoga Flow I 7 pm Samba XVI—(6/8) 7 pm Latin Club V—(1/8) 7 pm Latin Club II—(3/8) 8 pm Silver Ballroom—(6/8) 9 pm Tai Chi	31 7 pm Latin Club I—(4/8) 7 pm Adult Ballet—(5/5) 8 pm Yoga Core	1 7 pm VW & QS—(6/8) 7 pm Social Dance IV—(5/8) 8 pm Ladies Heels—(1/5)	2 6 pm Yoga Flow 7 pm Kids Hip Hop—(1/5) 7 pm Belly Dance—(1/5) 7 pm Social Dance I—(4/8) 7 pm Bronze Ballroom—(7/8)	3 8 pm Ladies Heels—(2/5)	4
5 6:30 pm Gentle Yoga 7:30 pm Tai Chi	6 7 pm Samba XVI—(7/8) 7 pm Latin Club V—(2/8) 7 pm Latin Club II—(4/8) 8 pm Latin Club III—(5/8) 8 pm Silver Ballroom—(7/8) 9 pm Tai Chi	7 6 pm Adult Ballet—(1/4) 7 pm Yoga Core 7 pm Latin Club I—(5/8)	8 7 pm VW & QS—(7/8) 7 pm Social Dance IV—(6/8)	9 6 pm Yoga Flow 7 pm Kids Hip Hop—(2/5) 7 pm Belly Dance—(2/5) 7 pm Social Dance I—(5/8) 7 pm Bronze Ballroom—(8/8)	10 8 pm Ladies Heels—(3/5)	11 3 pm Latin Club Dance Workshop (\$30) STUDIO CLOSED PRIVATE EVENT
12 6-7:30 pm Gentle Yoga & Sound Healing (\$30) 7:30 pm Tai Chi	13 7 pm Samba XVI—(8/8) 7 pm Latin Club V—(3/8) 7 pm Latin Club II—(5/8) 8 pm Latin Club III—(6/8) 8 pm Silver Ballroom—(8/8) 9 pm Tai Chi	14 6 pm Adult Ballet—(2/4) 7 pm Yoga Core 7 pm Latin Club I—(6/8)	15 7 pm VW & QS—(8/8) 7 pm Social Dance IV—(7/8)	16 6 pm Yoga Flow 7 pm Kids Hip Hop—(3/5) 7 pm Belly Dance—(3/5) 7 pm Social Dance I—(6/8) 7 pm Bronze Ballroom—(1/8) 8-9:30 pm Styling & Technique Workshop (\$30)	17 8 pm Ladies Heels—(4/5)	18 2-3:30 pm Belly Dance Workshop
19 6:30 pm Gentle Yoga 7:30 pm Tai Chi	20 7 pm Samba XVII—(1/8) 7 pm Latin Club V—(4/8) 7 pm Latin Club II—(6/8) 8 pm Latin Club III—(7/8) 8 pm Silver Ballroom—(1/8) 9 pm Tai Chi	21 6 pm Adult Ballet—(3/4) 7 pm Yoga Core 7 pm Latin Club I—(7/8) 8-9:30 pm Social Dance Workshop (\$30)	22 7 pm VW & QS—(1/8) 7 pm Social Dance IV—(8/8)	23 6 pm Yoga Flow 7 pm Kids Hip Hop—(4/5) 7 pm Belly Dance—(4/5) 7 pm Social Dance I—(7/8) 7 pm Bronze Ballroom—(2/8)	24 6 pm Kids Ballet & Jazz 7 pm Musical Theatre 8 pm Adult Afrobeats 8 pm Ladies Heels—(5/5)	25
26 5-6:30 pm Waltz & Tango Workshop (\$30) 6:30 pm Gentle Yoga 7:30 pm Tai Chi	27 7 pm Samba XVII—(2/8) 7 pm Latin Club V—(5/8) 7 pm Latin Club II—(7/8) 8 pm Latin Club III—(8/8) 8 pm Silver Ballroom—(2/8) 9 pm Tai Chi	28 6 pm Adult Ballet—(4/4) 7 pm Yoga Core 7 pm Latin Club I—(8/8)	29 7 pm VW & QS—(2/8) 7 pm Social Dance V—(1/8)	30 6 pm Yoga Flow 6 pm Kids Hip Hop—(5/5) 7 pm Belly Dance—(5/5) 7 pm Social Dance I—(8/8) 7 pm Bronze Ballroom—(3/8)	1 8 pm Ladies Heels—(1/4)	2



Glitter & Gold Showcase

Saturday, June 4th
7-10 pm
Dance Party
\$30

General dancing & food!

Group Courses:

8 weeks—\$160
(Early enrollment \$148)
4 weeks—\$80 | 5 weeks—\$100
(Early enrollment \$60 | Early enrollment \$75)
Series Class drop in - \$25

Social Dance: Foxtrot Rumba Cha Cha
Swing Tango Waltz

Latin Club: Salsa Bachata Merengue

Specialty: WC Swing/Hustle Samba
Viennese Waltz/Quickstep

*Pre-enrollment required.
Classes not meeting the minimum will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1

"Specializing in Left Feet"

Monthly Pass Classes:

1 Class—\$25 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Yoga — Sundays @ 6:30 pm | Tuesdays @ 7 pm | Thursdays @ 6 pm
Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Tai Chi —Sundays @ 7:30 pm | Mondays @ 9 pm
Enjoy practicing slow paced, gentle movements to restore the body and calm the mind.

Latin Club Dance I —Now Enrolling for July 2022
Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Social Dance I —Now Enrolling for July 2022
Learn the core essential basics of Rumba, Cha Cha, Swing & Foxtrot.

Ballet—Tuesdays @ 6 pm
Gain poise, coordination and grace while learning the foundations of movement & posture.



Stands— Wednesdays @ 5 pm
Learn call & respond choreography & twirl while you're at it!

Kids Hip Hop —Thursdays @ 7 pm
Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.



Belly Dance —Thursdays @ 7 pm
Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow



Summer Lovin' Party

Friday, June 10th—Buford

8 pm—10 pm PARTY!



Latin Club Dance Workshop

Saturday, June 11th
3—4:30 pm
(\$30)

Join us to understand the basics of our club dances! Salsa, Merengue &

Yoga & Sound Bowls

Sunday, June 12th
6-7:30 pm (\$30)

All levels flow 1 hour gentle Vinyasa sequence including chakra guidance with suggestive affirmations to open the chakras to relieve stress, prepare the body to relax into stillness and open



Styling & Technique Workshop

Thursday, June 16th
3—4:30 pm
(\$30)

Join us to work on how to style your dances & focus on technique on some of your



Belly Dance Workshop

Saturday, June 18th
2— 3 pm (\$30)

Social Dance Workshop

Tuesday, June 21st
8—9:30 pm
(\$30)

Join us to understand the basics of our major dances! We will be taking a look at Cha Cha, Rumba, Swing & Foxtrot! Great for beginners to get a strong introduction to dance!



Waltz & Tango Workshop

Sunday, June 26th
5—6:30 pm(\$30)

Gain a solid understanding of the fundamentals of American Style Waltz and Tango. Learn how to navigate and travel these dances around the social dance floor. Great for beginners to get a strong introduction to these dances!