

Yoga & Wine

October 17th @ 5 pm

Now Enrolling

8 weeks only \$148

Latin Club I—October 11, 2021 7pm

Ballroom I—October 14, 2021 8 pm

Art is Motion

October 2021




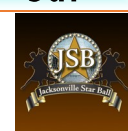












Latin Dance Party
Wednesday, October 6, 2021
 Free Class 7:30 pm — 8:00 pm
 Party 8:00 pm — 10:00 pm



Halloween Social
Friday, October 22, 2021
 8 pm—10 pm

678-577-2823 | <http://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 5 pm Soulful Yoga	4  7 pm Samba XII—(6/8) 8 pm Hus/WCS XV—(3/8) 8 pm Hus/WCS IV—(4/8)	5  6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	6 6 pm Hip Hop 7 pm Latin Club IV—(6/8) 7 pm VW & QS—(4/8) Latin Dance Party 7:30-8 pm Free Class 8:00-10 pm Dance Social 	7 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance NO BRONZE BALLROOM	8 Wish luck to our students: Tailee Tucker, Beverly Woodburn, Tamaiko Chappell, Robinette Wernz, Bob Barrentine & Larry Stine & their teachers Tanya & Winston & Lauren!!	9 
10 5 pm Soulful Yoga	11  7 pm Line Dance 7 pm Samba XII—(7/8) 7 pm Latin Club I—(1/8) 8 pm Hus/WCS XV—(4/8) 8 pm Hus/WCS IV—(5/8)	12  6 pm Adult Jazz 7 pm Kidz Jazz 7 pm Ballroom I—(1/10) 8 pm Yoga Core	13  6 pm Hip Hop 7 pm Latin Club IV—(7/8) 7 pm VW & QS—(3/8) 8 pm Ballroom I—(8/8) 8 pm Silver Ballroom—(1/8)	14 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(7/8) 8 pm Ballroom I—(1/8)	15	16
17 5 pm Pour Down the Peace Yoga & Wine Tasting (\$30)  YOGA & WINE	18 7 pm Line Dance 7 pm Samba XII—(8/8) 7 pm Latin Club I—(2/8) 8 pm Hus/WCS XV—(5/8) 8 pm Hus/WCS IV—(6/8)	19  6 pm Adult Jazz 7 pm Kidz Jazz 7 pm Ballroom I—(2/10) 8 pm Yoga Core	20 6 pm Hip Hop 7 pm Latin Club IV—(8/8) 7 pm VW & QS—(6/8) 8 pm Ballroom II—(1/8) 8 pm Silver Ballroom—(2/8)	21 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(8/8) 8 pm Ballroom I—(2/8) 	22  Halloween Social 8 - 10 PM \$30	23
24 5 pm Soulful Yoga	25 7 pm Line Dance 7 pm Samba XIII—(1/8) 7 pm Latin Club I—(3/8) 8 pm Hus/WCS XV—(6/8) 8 pm Hus/WCS IV—(7/8)	26 6 pm Adult Jazz 7 pm Kidz Jazz 7 pm Ballroom I—(3/10) 8 pm Yoga Core	27 6 pm Hip Hop 7 pm Latin Club V—(1/8) 7 pm VW & QS—(7/8) 8 pm Ballroom II—(2/8) 8 pm Silver Ballroom—(3/8)	28 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(1/8) 8 pm Ballroom I—(3/8)	29	30 7 pm Heels Workshop (\$15) 
31 5 pm Soulful Yoga Happy Halloween 	1 7 pm Line Dance 7 pm Samba XIII—(2/8) 7 pm Latin Club I—(4/8) 8 pm Hus/WCS XV—(7/8) 8 pm Hus/WCS IV—(8/8)	2  6 pm Adult Jazz 7 pm Kidz Jazz 7 pm Ballroom I—(4/10) 8 pm Yoga Core	3 6 pm Hip Hop 7 pm Latin Club V—(2/8) 7 pm VW & QS—(8/8) 8 pm Ballroom II—(3/8) 8 pm Silver Ballroom—(4/8)	4 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(2/8) 8 pm Ballroom I—(4/8)	5	6

Events:

- Monday, October 4th @ 5 pm—Line Dance (\$20)
- Wednesday, October 6th @ 7:30 pm—FREE CLASS!
- Wednesday, October 6th @ 8 pm—Latin Party (\$15/\$30)
- Monday, October 11th @ 7 pm—Latin Club Dance (\$148)
- Tuesday, October 12th @ 7 pm—Family Dance Night
- Saturday, October 17th @ 5 pm—Pour Down the Peace (\$30)
- Friday, October 22nd @ 8 pm—Halloween Social (\$30)
- Saturday, October 30th @ 7 pm—Heels Workshop (\$15)



Latin Dance Party
Wednesday, October 6, 2021
 Free Class 7:30 pm — 8:00 pm
 Party 8:00 pm — 10:00 pm

Halloween Social
Friday, October 22, 2021
 8 pm—10 pm

Reserve Your Ticket Today!

Group Courses:

8 weeks—\$148

(Series Class drop in - \$25)

Ballroom & B2B (Back to Basics):

Foxtrot Waltz Rumba
 Cha Cha Swing Tango

Latin Club: Salsa Bachata Merengue

WC Swing/Hustle Samba Viennese Waltz/Quickstep

*Pre-enrollment required.
 Classes not meeting the minimum of 8 will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

Please check our website calendar for updates
 Events & classes are subject to change

"Specializing in Left Feet"

Monthly Pass Classes:

1 Class—\$20 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Yoga

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Yoga Core
Power Core—Hatha
Tuesdays @ 8 pm

Yoga Flow
Vinyasa
Thursdays @ 6 pm

Soulful Yoga
Restorative / Yin
Sundays @ 5 pm



Line Dance

Mondays @ 7 pm

Learn a slide step rhythm with fascinating patterns conducive to all types of music genres.

Jazz

Tuesdays @ 6 pm (Adults) AND 7 pm (Kidz)

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.



Ballet

Thursdays @ 7 pm

Gain poise, coordination and grace while learning the foundations of movement & posture.

Hip Hop

Wednesdays @ 6 pm

Build essentials for footwork and movements. Introduction to grooving and vining.

Latin Club Dance

Wednesdays @ 7 pm | Mondays @ 7 pm

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Ballroom

Wednesdays @ 8 pm | Thursdays @ 8 pm

Learn the core essential basics of Waltz, Tango, Foxtrot, Cha Cha, Rumba & Swing.

Belly Dance

Thursdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow. Get empowered.

Salsa 7's Party

Wednesday, October 6, 2021

FREE CLASS 7:30 pm—8 pm

Latin Party 8 pm—10 pm (\$30)

Join us for a fun Latin night! Grab a friend and come to a FREE class followed by a fun Latin filled party. Light refreshments and drinks will be served!



Pour Down the Peace

Sunday, October 17th @ 5 pm (\$30)



YOGA & Wine

Unwind and find your zen with a gentle yoga flow class with Nicole Ronco. Afterwards, join us for a tale of two wines and an enlightening and pleasant presentation and pairing of different wines and accoutrement. See you there!

Family Dance Night!

Tuesday, October 12th @ 7 pm

Grab your spouse & your kids & make it a fun night! Come join our new program dedicated for the family to enjoy some fun together. Starting Tuesdays at 7 pm, parents & kids dance in their respective classes. Learning different styles but also spending some time together! [Ask for price break downs!](#)



Heels Workshop

Saturday, October 30th (\$15)

7 pm—8 pm

Ladies, grab your stilettos and lipstick and come out to work on balance, confidence and skill. Let us help you channel your inner "Queen" as you learn a dance combination that will encourage your inner goddess and strengthen you!



Halloween Party

Friday, October 22nd (\$30)

8 pm—10 pm

Come join us for a fun-filled evening of dance and socializing. Light refreshments and drinks will be served. Bring a friend, feel free to dress up and have some fun on this Friday evening!!

