

Fall In to Peace

November 7, 2021 @ 5 pm

Now Enrolling
8 weeks only \$148

Latin Club I—TBD
Ballroom I—TBD

Art is Motion

November 2021



Latin Dance Party!

Wednesday

November 17, 2021

Free class 7:30 pm—8 pm
Party 8 pm—10 pm

Holiday Magic
Sneak Peek Show

Saturday, November 13, 2021
7 pm—9:30 pm

Events:

Sunday, November 7th @ 5 pm—Fall In to Peace (\$30)

Saturday, November 13th @ 7 pm—Holiday Magic Sneak Peek Show

Wednesday, November 17th @ 7:30 pm—Latin Dance Party (\$15/\$30)

678-577-2823 | <http://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 5 pm Soulful Yoga 	1  7 pm Samba XIII—(2/8) 7 pm Latin Club I—(4/8) 8 pm Hus/WCS Int—(8/8)	2 6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	3 6 pm Hip Hop 7 pm Latin Club V—(2/8) 7 pm VW & QS—(8/8) 8 pm Ballroom I—(3/8) 8 pm Silver Ballroom—(4/8)	4 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(2/8)	5	6
7 5 pm Fall in to Peace Yoga & Cider (\$30) 	8 7 pm Samba XIII—(3/8) 7 pm Latin Club I—(5/8) 8 pm Hus/WCS Int—(1/8)	9  6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	10  6 pm Hip Hop 7 pm Latin Club V—(3/8) 7 pm VW & QS—(1/8) 8 pm Ballroom I—(4/8) 8 pm Silver Ballroom—(5/8)	11 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(3/8)	12	13 Holiday Magic Sneak Peek Show 7-9:30 pm 
14 5 pm Soulful Yoga	15 7 pm Samba XIII—(4/8) 7 pm Latin Club I—(6/8) 8 pm Hus/WCS Int—(2/8)	16  6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	17 6 pm Hip Hop 7 pm Latin Club V—(4/8) 7 pm VW & QS—(2/8)  Latin Dance Party!	18  6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(4/8)	19	20
21 5 pm Soulful Yoga	22 7 pm Samba XIII—(5/8) 7 pm Latin Club I—(7/8) 8 pm Hus/WCS Int—(3/8)	23 6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	24 6 pm Hip Hop 7 pm Latin Club V—(5/8) 7 pm VW & QS—(3/8) 8 pm Ballroom I—(5/8) 8 pm Silver Ballroom—(6/8)			27
28 5 pm Soulful Yoga	29 7 pm Samba XIII—(6/8) 7 pm Latin Club I—(8/8) 8 pm Hus/WCS Int—(4/8)	30  6 pm Adult Jazz 7 pm Kidz Jazz 8 pm Yoga Core	1 6 pm Hip Hop 7 pm Latin Club V—(6/8) 7 pm VW & QS—(4/8) 8 pm Ballroom I—(6/8) 8 pm Silver Ballroom—(7/8)	2 6 pm Yoga Flow 7 pm Ballet 7 pm Belly Dance 7 pm Bronze Ballroom—(5/8)	3	4



Latin Dance Party!
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Free class 7:30 pm—8 pm
Party 8 pm—10 pm

Holiday Magic Sneak Peek Show
Saturday, November 13, 2021
7 pm—9:30 pm

Reserve Your Ticket Today!

Group Courses:

8 weeks—\$148

(Series Class drop in - \$25)

Ballroom & B2B (Back to Basics):

Foxtrot Waltz Rumba
Cha Cha Swing Tango

Latin Club: Salsa Bachata Merengue

WC Swing/Hustle Samba Viennese Waltz/Quickstep

*Pre-enrollment required.
Classes not meeting the minimum of 8 will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

Please check our website calendar for updates
Events & classes are subject to change

"Specializing in Left Feet"

Monthly Pass Classes:

1 Class—\$20 4 Classes—\$60 5 Classes—\$75

8 Classes—\$105 10 Classes—\$122

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Yoga

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Yoga Core
Power Core—Hatha
Tuesdays @ 8 pm

Yoga Flow
Vinyasa
Thursdays @ 6 pm

Soulful Yoga
Restorative / Yin
Sundays @ 5 pm

Jazz

Tuesdays @ 6 pm (Adults) AND 7 pm (Kidz)

Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.



Ballet

Thursdays @ 7 pm

Gain poise, coordination and grace while learning the foundations of movement & posture.



Hip Hop

Wednesdays @ 6 pm

Build essentials for footwork and movements. Introduction to grooving and vining.

Latin Club Dance

Wednesdays @ 7 pm | Mondays @ 7 pm

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Ballroom

Wednesdays @ 8 pm

Learn the core essential basics of Waltz, Tango, Foxtrot, Cha Cha, Rumba & Swing.

Belly Dance

Thursdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow. Get empowered.

Salsa 7's Party

Wednesday, November 17th

FREE CLASS 7:30 pm—8 pm

Latin Party 8 pm—10 pm (\$30)

Join us for a fun Latin night! Grab a friend and come to a FREE class followed by a fun Latin filled party. Light refreshments and drinks will be served!



Fall in to Peace

Sunday, November 7th @ 5 pm (\$30)



Unwind and find your zen with a gentle yoga flow class with Nicole Ronco. Afterwards, join us for some warm cider and refreshments. See you there!

Family Dance Night!

TBD—ask your instructor!

Grab your spouse & your kids & make it a fun night! Come join our new program dedicated for the family to enjoy some fun together. Starting soon, parents & kids dance in their respective classes.

Learning different styles but also spending some time together! [Ask for price break downs!](#)



Heels Workshop

TBD—December date coming soon!

Ladies, grab your stilettos and lipstick and come out to work on balance, confidence and skill. Let us help you channel your inner "Queen" as you learn a dance combination that will encourage your inner goddess and strengthen you!



Holiday Magic

Sneak Peek Show

Saturday, November 13th (\$30)

7 pm—9:30 pm

Come join us for a fun-filled evening of dance and socializing. Light refreshments and drinks will be served. Bring a friend & come check out what the students have been preparing for you!!

