

Yoga & Wine
 Sunday, August 15th @ 5 pm

Now Enrolling
 8 weeks only \$148

















Latin Club I
 Ballroom I—August 18th @ 8 pm

Art is Motion
August 2021

Latin Dance Party!
 Wednesday August 11, 2021
 Free class 7:30 pm—8 pm
 Party 8 pm—10 pm

Beach Party
 Friday, August 20, 2021
 8 pm—10 pm

678-577-2823 | <http://ArtsMotion.org> | 1560 Indian Trail Road, # 109, Norcross, GA 30093

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  7 pm Jazz/Modern 7 pm Samba XI—(6/8) 8 pm Hus/WCS XIV—(3/8) 8 pm Hus/WCS III—(5/8)	3  6 pm Ballet 7 pm Yoga Core	4  6 pm Hip Hop 7 pm Line Dance 7 pm Latin Club III—(5/8) 8 pm VW & QS—(4/8) 9 pm Silver Ballroom—(1/8)	5  6 pm Gentle Yoga 7 pm Belly Dance 7 pm Bronze Ballroom—(8/8) 8 pm Ballroom VI—(2/8) 8 pm B2B [F]—(6/8)	6	7 10:30 am Gentle Yoga 
8	9  7 pm Jazz/Modern 7 pm Samba XI—(7/8) 8 pm Hus/WCS XIV—(4/8) 8 pm Hus/WCS III—(6/8)	10  6 pm Ballet 7 pm Yoga Core <small>Tameya Devillere</small>	11  6 pm Hip Hop 7 pm Line Dance 7 pm Latin Club III—(6/8) Latin Dance Party 7:30-8 pm Free Class 8:00-10 pm Dance Social	12  6 pm Gentle Yoga 7 pm Belly Dance 7 pm Bronze Ballroom—(1/8) 8 pm Ballroom VI—(3/8) 8 pm B2B [S]—(7/8) <small>Tameya Devillere</small>	13	14 10:30 am Gentle Yoga
15 5 pm Pour Down the Peace Yoga & Wine Tasting (\$30)  <small>YOGA & WINE</small>	16 7 pm Jazz/Modern 7 pm Samba XI—(8/8) 8 pm Hus/WCS XIV—(5/8) 8 pm Hus/WCS III—(7/8)	17  6 pm Ballet 7 pm Yoga Core	18 6 pm Hip Hop 7 pm Line Dance 7 pm Latin Club III—(7/8) 7 pm VW & QS—(5/8) 8 pm Ballroom I—(1/8) 8 pm Silver Ballroom—(2/8)	19 6 pm Gentle Yoga 7 pm Belly Dance 7 pm Bronze Ballroom—(2/8) 8 pm Ballroom VI—(4/8) 8 pm B2B [W]—(8/8) 	20 Beach Party 8 PM— 10 PM ~\$30	21 10:30 am Gentle Yoga 8 pm Heels After Dark: (\$15) 
22	23  7 pm Jazz/Modern 7 pm Samba XII—(1/8) 8 pm Hus/WCS XIV—(6/8) 8 pm Hus/WCS III—(8/8)	24  6 pm Ballet 7 pm Yoga Core	25 6 pm Hip Hop 7 pm Line Dance 7 pm Latin Club III—(8/8) 7 pm VW & QS—(6/8) 8 pm Ballroom I—(2/8) 8 pm Silver Ballroom—(3/8)	26 6 pm Gentle Yoga 7 pm Belly Dance 7 pm Bronze Ballroom—(3/8) 8 pm Ballroom VI—(5/8) 8 pm B2B [CC]—(1/8)	27	28 10:30 am Gentle Yoga
29	30 7 pm Jazz/Modern 7 pm Samba XII—(2/8) 8 pm Hus/WCS XIV—(7/8) 8 pm Hus/WCS IV—(1/8)	31  6 pm Ballet 7 pm Yoga Core	1 6 pm Hip Hop 7 pm Line Dance 7 pm Latin Club IV—(1/8) 7 pm VW & QS—(7/8) 8 pm Ballroom I—(3/8) 8 pm Silver Ballroom—(4/8)	2 6 pm Gentle Yoga 7 pm Belly Dance 7 pm Bronze Ballroom—(4/8) 8 pm Ballroom VI—(6/8) 8 pm B2B [T]—(2/8)	3	4 10:30 am Gentle Yoga

Events:

- Wednesday, August 11th @ 7:30 pm—FREE LATIN CLASS
- Wednesday, August 11th @ 8 pm—Latin Dance Party (\$30)
- Sunday, August 15th @ 5 pm—Pour Down the Peace (\$30)
- Wednesday, August 18th @ 8 pm—Ballroom I (\$148)
- Friday, August 20th @ 8 pm—Summer Party (\$30)
- Saturday, August 21st @ 8 pm—Heels After Dark (\$15)

Latin Dance Party!
 Wednesday August 11th, 2021
 Free class 7:30 pm—8 pm
 Party 8 pm—10 pm

Beach Party
 Friday, August 20th, 2021
 8 pm—10 pm

Group Courses:
 8 weeks—\$148
 (Series Class drop in - \$25)

Ballroom & B2B (Back to Basics):
 Foxtrot Waltz Rumba
 Cha Cha Swing Tango

Latin Club: Salsa Bachata Merengue

WC Swing/Hustle Samba Viennese Waltz/Quickstep

*Pre-enrollment required.
 Classes not meeting the minimum of 8 will be postponed*

Group courses begin with Level I for beginners and advance in difficulty with each level. Each class will begin with a review of the previous week's material before progressing. With this method, a participant may miss 1 class and still be able to participate comfortably. It is **not necessary to bring your own partner**, as participants rotate partners regularly to focus on "lead & follow" while reinforcing foot patterns and creating muscle memory.

Please check our website calendar for updates
 Events & classes are subject to change

"Specializing in Left Feet"

Monthly Pass Classes:

1 class—\$20 4 classes—\$60 8 Classes—\$105

12 Classes—\$140 Unlimited—\$175

All classes in blue on the calendar are included in the passes

Passes are valid for the month therein purchased.
(Passes do not carry over to the following calendar month)

Yoga

Relax, increase your flexibility, & control your thoughts. Leave rejuvenated & peaceful.

Yoga Core
Power Core—Hatha
Tuesdays @ 7 pm

Gentle Yoga
Vinyasa
Thursdays @ 6 pm

Gentle Yoga
Restorative / Yin
Saturdays @ 10:30 am

Jazz/Modern

Mondays @ 7 pm



Gain mastery over your self expression. Interpret the music & learn fun/trendy dance steps.

Latin Club Dance

Wednesdays @ 7 pm

Learn the core essential basics of Salsa, Merengue & Bachata. Fun and up beat!

Ballet

Tuesdays @ 6 pm

Gain poise, coordination and grace while learning the foundations of movement & posture.

Line Dance

Wednesdays @ 7 pm

Line Dance is learning a slide step rhythm with fascinating patterns conducive to all types of music genres.

Hip Hop

Wednesdays @ 6 pm

Build essentials for footwork and movements. Introduction to grooving and vining.



Ballroom I

Wednesdays @ 8 pm

Learn the core essential basics of Waltz, Tango, Foxtrot, Cha Cha, Rumba & Swing.

Belly Dance

Thursdays @ 7 pm

Beautiful, sensual and self expressive. Focus on level changes, freezes, & flow. Get empowered.

Salsa 7's Party

Wednesday, August 11th

FREE CLASS 7:30 pm—8 pm

Latin Party 8 pm—10 pm (\$30)

Join us for a fun Latin night! Grab a friend and come to a FREE class followed by a fun Latin filled party. Light refreshments and drinks will be served!



Pour Down the Peace

Sunday, August 15th @ 5 pm (\$30)



YOGA & Wine

Unwind and find your zen with a gentle yoga flow class with Nicole Ronco. Afterwards, join us for a tale of two wines and an enlightening and pleasant presentation and pairing of different wines and accoutrement. See you there!

Heels After Dark: Zelletos Workshop (\$15)

Saturday, August 21st (Norcross)

8 pm—9 pm

Ladies, grab your stilettos and lipstick and come out to work on balance, confidence and skill. Let Zakiya help you channel your inner "Queen" as she gives you a dance combination that will encourage

your inner goddess and strengthen you!



Tamsyn Devilliers

Tuesday-Thursday August 10-12 (Norcross)

Tamsyn Devilliers is an accomplished dancer as well as a choreographer, producer and adjudicator. She is a 3-time Triple Crown American Smooth Champion. Tamsyn has choreographed a variety and dance shows in many countries around the world! Ms. Devilliers is currently adjudicating on the Ballroom and Latin dance competition circuit.

Beach Party

Friday, August 20th (Norcross)

8 pm—10 pm

Come join us for a fun-filled evening of dance and socializing. Light refreshments and drinks will be served. Bring a friend and have some fun on this Friday evening!!

